

Sexy Naughty Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Advanced
编舞者: Maggie Gallagher (UK) - March 2012
音乐: Sexy, Naughty, Bitchy Me - Lene Alexandra : (amazon)



Intro: 32 Counts (19 secs)

S1: R ROCK & CROSS, OUT OUT LR, STEP FWD L & DROP/HITCH, ¼ L BUMP, 1/8 R BUMP POINT L, 3/8 & FULL TURN L

1&2 Rock right to right side, Recover on left, Cross right over left
&3&4 Step out on left, Step out on right, Step forward left, Drop forward on to right hitching left behind right
5-6 ¼ left bumping left to left side, Bump right to right side twisting body 1/8 to the right pointing left to left side [10:30]
7&8 Step 3/8 left stepping forward on left, ½ left stepping back on right, ½ left stepping forward on left [6:00]

S2: STEP R, ½ PIVOT L, R LOCK STEP, L HEEL SPIN FULL TURN R & STEP R & POINT R&L & TOUCH

1-2 Step forward on right, ½ pivot left [12:00]
3&4 Step forward right, Lock left behind right, Step forward right
&5&6 On left heel make a full turn spin to the right, Step right next to left, Step left in place, Point to right side [12:00]

Easier option: Left lock step full turning right, Point right to right side

&7&8 Step right next to left, Point to left side, step left next to right, Touch right next to left

S3: R HITCH R COASTER, L HITCH L COASTER, BUMP 1/8 R, ½ L TURN, 1½ TURNS L

&1&2 Hitch right knee up to slight right diagonal, Step back on right, Step left next to right, Step forward right [1.30]
&3&4 Hitch left knee up to slight right diagonal, Step back on left, Step right next to left, Step forward left [1.30]
5-6 1/8 turn right stepping on to right bump & twist hips to right side [3:00] ½ left stepping forward left [9:00]
7&8 ½ left stepping back on right, ½ left stepping forward left, ½ left stepping back on right [3:00]

S4: BACK L, SIT, HIP RLR, R LOCK STEP, L LOCK STEP TOUCH R

1-2 Step back left, 'Sit down' looking back over left shoulder and keeping weight back on left leg touching right toe in front of left (Right knee is slightly bent inwards)
3&4 Keeping weight back on left bump right hip up-down-up
5&6 Step forward right, Lock left behind right, Step forward on right
&7&8 Step forward left, Lock right behind left, Step forward left, Touch right next to left

Repeat

TAG: 16 counts to be danced at the end of Walls 1, 3, 4

& CROSS L, SIDE R, BACK ROCK & SIDE L, R SAILOR FULL TURN CROSS, & R HEEL BALL CROSS L

&1-2 Step right to right side, Cross left over right, Step right to right side
3&4 Rock back on left, Recover right, Step to left side
5&6 Cross right behind left making ¼ turn right, Make ½ turn right slightly stepping back on left, Make ¼ turn right crossing right over left
&7&8 Step back on left, Tap right heel forward on slight diagonal, Step right next to left, Cross left over right

WALK FULL CIRCLE, SCUFF/HITCH TOUCH R FWD, SWIVEL OUT/IN R HITCH /TOUCH R HEEL FWD

1-2 ¼ right walking forward on right, ¼ right walking forward on left

3-4 ¼ right walking forward on right, ¼ right walking forward on left

(Note: These are Sexy walks, go for it!)

5&6 Scuff & hitch right knee up, Touch right in front of left keeping right heel raised

&7&8 Swivel right heel out, Swivel right heel in (right heel is still raised), Hitch right knee up, Touch right heel in front of left
