

# Cowboy Up

**COPPER KNOB**  
STEPPERS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Barbara Hile (AUS) - September 2008  
音乐: Cowboy Up - Jill Johnson : (CD: The Woman I've Become)  
或: The Woman I've Become - Jill Johnson



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## 16 count intro

### 3 WALKS FORWARD, HEEL, HEEL, 3 WALKS BACK, STOMP, STOMP

1-2-3&4      Walk forward stepping right, left, right, touch left heel forward twice  
5-6-7&8      Walk back stepping left, right, left, stomp right foot twice beside left

### STEP, SLIDE, STEP, TOUCH, STEP, SLIDE, STEP, TOUCH

1-2-3-4      Step right to side, slide left beside right, step right to side, touch left together  
5-6-7-8      Step left to side, slide right beside left, step left to side, touch right together

### DOUBLE HIPS BACK, DOUBLE HIPS FORWARD, SINGLE HIP BUMPS

1-2-3-4      Step right back double hip bumps, step left forward double hip bumps  
5-6-7-8      Single hip bumps, back, forward, back, forward

### VINE RIGHT, TOUCH, VINE LEFT ¼ LEFT TURN, TOUCH

1-2-3-4      Vine right, touch left together  
5-6-7-8      Step left to side, cross right behind left, turn ¼ left turn left forward, touch right together

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