

Wrecked

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner / low Intermediate
编舞者: Joe Steele (USA) - March 2012
音乐: Train Wreck (Dance Remix) - Marlee Scott



Count In: 16 counts from start of track – dance begins on vocals.

Notes: There are 3 tags in this dance occurring on 4th & 8th wall after 16 counts add 4 sways RLRL
On the 11th wall add four sways, RLRL, then restart.

[1 – 8] Shuffle forward 2x, ½ turn shuffle left, coaster step.

1 & 2 Step R forward, slide L up beside right, step R forward
3 & 4 Step L forward, slide R up beside Left, Step L forward
5 & 6 Step R to side ¼ turn left, step L beside R, step back ¼ turn L 6:00
7 & 8 Step back L, Step back R, Step forward L

[9 – 16] Out out, In In 2x, vaudeville

&1 & 2 Step R out, Step L out, Step R in, Step L In
&3 & 4 Step R out, Step L out, Step R in, Step L in
&5 & 6 Step R to side, Put L heel forward, Step back on L, Cross R over L
&7 & 8 Step L to L side, Put R heel forward, Step back on R, Cross L over R

INSERT TAGS HERE ON 4TH AND 8TH WALL. SWAY RIGHT LEFT RIGHT LEFT THEN CONTINUE

[17 – 24] Shuffle R, Sailor, Behind side cross, Shuffle L

1 & 2 Step R to right, bring L beside R, Step R to R
3 & 4 Step L behind R, Step R to Right, Step L to Left
5 & 6 Step R behind Left, Step L to left, cross R over left
7 & 8 Step L to left, bring R beside left, step L to left

[25 – 32] R toe behind left, unwind ½ turn, step ¼ R, step cross, behind side forward

1 - 2 Place R toe behind left, unwind ½ turn R, weight to R 12:00
3 - 4 Step forward L, pivot ¼ turn R, weight to R 3:00
5 - 6 Cross L over right, step R to side
7 & 8 Step L behind R, step R to right, step forward on L

INSERT TAG HERE AT END OF 11TH WALL, SWAY RIGHT LEFT RIGHT LEFT

Begin again. Have fun and enjoy

Contact: Joe: Dancingwithjoe@yahoo.com