

Before Sadness Comes

COPPER KNOB
STEP SHEETS

拍数: 64 墙数: 4 级数: Improver
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音乐: Before Sadness Come (슬퍼지려 하기전에) - COOL (쿨)



Count In : After 32 counts

SEC 1: RIGHT VINE STEP, SIDE, TOUCH, SIDE, TOUCH

1-4 Step R to right side, Step L behind R, Step R to right side, Touch L next to R
5-8 Step L to left side, Touch R next to L, Step R to right side, Touch L next to R
(Optional Styling: Both arms spread to L,R, like a move in wave – The palm face downward
1-4 R arm up and L arm down, L arm up and R arm down, R arm up and L arm down, Hold
5-6 L arm up and R arm down, R arm up and L arm down, L arm up and R arm down, Hold)

SEC 2: REPEAT SEC 1: ON OPPOSITE POSITION

SEC 3: RIGHT SIDE ROCK, RECOVER, BIG SLIDE, LEFT SIDE ROCK, RECOVER, BIG SLIDE

1-4 Rock R to right side, Recover onto L, Step R big step to right side, Drag L towards R
5-8 Rock L to left side, Recover onto R, Step L big step to left side, Drag R towards L

SEC 4: K-STEP WITH HITCH

1-4 Step R fwd diagonally right, Hitch L, Step L back diagonally left, Hitch R
5-8 Step R back diagonally right, Hitch L, Step L fwd diagonally left, Hitch R

SEC 5: HIP BUMP WITH STYLING

1-4 Hip bump R,L,R,L
(Styling : Punch fist hands cross in front of the forehead, diagonal up, diagonal down, cross in front of the chest – drawing square)
5-8 Repeat 1-4

SEC 6: SAMBA STEP

1&2 Step R over L, Step L to left side, Step R to right side
3&4 Step L over R, Step R to right side, Step L to left side
5&6 Step R over L, Step L to left side, Step R to right side
7&8 Make 1/4 turn left stepping L over R, Step R to right side, Step L to left side

SEC 7: CROSS, POINT, BACK CROSS, POINT

1-4 Step R over L, Touch L to left side, Step L over R, Touch R to right side
5-8 Step R behind L, Touch L to left side, Step L behind R, Touch R to right side

SEC 8: KICK, JUMP, TURN, BOX STEP

1-4 Low kick right across left, Jump & land both feet (shoulder width apart), Jump & land L foot with hitching R foot making 1/2 turn right, Jump & land both feet (shoulder width apart)
5-8 Step R over L, Step L over R, Step back on R, Step back on L

REPEAT

Ending : Jump & Land both feet (Shoulder width apart) and Pose!