

This Ole Boy

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Beginner
编舞者: M. Clements - March 2012
音乐: This Ole Boy - Craig Morgan



ROCK, RECOVER, ½ SHUFFLE, ROCK, RECOVER, ¾ SHUFFLE

- 1 – 2 Rock Right forward; Replace weight onto Left foot in place (pull Right shoulder back)
3 & 4 Turning ½ right: Turn ¼ right stepping onto R; Step L next to right; Turn ¼ right stepping Right forward
5 – 6 Rock Left forward; Replace weight onto Right foot in place (pull Left shoulder back)
7 & 8 Turning ¾ Left: Turn ½ left stepping onto L; Step R next to left; Turn ¼ left stepping Left together (keep weight on left)

RIGHT VINE, LEFT SIDE SHUFFLE, ROCK, RECOVER

- 1-4 Step right out, left behind, right out, touch left together
5&6 Shuffle left, right, left to left side
7-8 Rock right, recover left (weight on left)

RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, ¼ TURN, ¼ TURN

- 1&2 Shuffle forward right, left, right
3&4 Shuffle forward left, right, left
5-6 step right forward, turn ¼ to the left keeping weight on left
7-8 Step right forward, turn ¼ to the left keep weight on left

JAZZ BOX, HIP BUMPS

- 1-2 Cross right over left, step left back
3-4 Step right together, step left together
5-8 Bump hips right, left, right, left

Repeat

Contact: www.FlamingFootwork.webs.com