

You're Mama Don't Dance

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 1 级数: Improver
编舞者: Patrick Latendresse (CAN) - March 2012
音乐: Your Mama Don't Dance - Poison



Start dancing with the vocal

KICK X2, COASTER STEP, KICK X2, COASTER STEP

1-2 Kick right forward across left, kick right to side
3&4 Step right backward, step left together (&), step right forward
5-6 Kick left forward across right, kick left to side
7&8 Step left backward, step right together (&), step left forward

Repeat that part one more time

CROSS ROCK L, SIDE SHUFFLE R, CROSS ROCK R, SIDE SHUFFLE L

1-2 Cross right over left, recover weight on left
3&4 Step right to side, slide left together (&), step right to side
5-6 Cross left over right, recover weight on right
7&8 Step left to side, slide right together (&), step left to side

Repeat that part one more time

CROSS ROCK L, SIDE SHUFFLE R, SHUFFLE WITH ½ TURN R, CROSS ROCK

1-2 Cross right over left, recover weight on left
3&4 Step right to side, slide left together (&), step right to side
5&6 Start turning ½ turn right while step left to side, slide right together (&), step left to side (facing backward)
7-8 Cross right behind left, recover weight on left

Repeat that part one more time to be facing back the original wall

TAG: 48 counts:-

When the dance is been danced 4 times the music rhythm will change.

STEP, KICK, STEP KICK, COASTER STEP, TOUCH L

1-2 Side step right, kick left across right
3-4 Side step left, kick right across left
5-6-7 Step right backward, step left together, step right forward
8 Touch left beside right

STEP, KICK, STEP, KICK, COASTER STEP, TOUCH R

1-2 Side step left, kick right across left
3-4 Side step right, kick left across right
5-6-7 Step left backward, step right together, step left forward
8 Touch right beside left

STEP, KICK, STEP KICK, COASTER STEP, TOUCH L

1-2 Side step right, kick left across right
3-4 Side step left, kick right across left
5-6-7 Step right backward, step left together, step right forward
8 Touch left beside right

STEP, KICK, STEP, KICK, STEP TOGETHER, PAUSE X3

1-2 Side step left, kick right across left
3-4 Side step right, kick left across right
5-6 Step left together, pause

7-8 Pause, pause

TRIPLE SWING BASIC STEPS

1&2 Step right lightly to side, step left together (&), step right lightly to side

3&4 Step left lightly to side, step right together (&), step left lightly to side

5-6 Cross right behind left, recover weight on right

Repeat that part one more time

Restart the dance
