

# Concrete Angel

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 2      级数: Intermediate / High Intermediate NC  
编舞者: Dee Musk (UK) - March 2012  
音乐: Concrete Angel - Martina McBride : (Album: Hits and More - 4:13)



16 Count Intro. Approx 24 secs. BPM 80

Re: Choreographing to 'Concrete Angel'. It may seem strange that I've written to a track about the distressing subject of child cruelty, but this is something I feel strongly against and passionate about.

Much Love Dee xx

**Step Rock Recover, Back, Run Run, Back Rock, ¼ Turn L Behind, 1/2 Turn R, Step Behind With Sweep.**

1,2&      Step forward R, rock forward on L, recover weight to R.  
3,4&      Step back on L, run back R, L.  
5,6      Rock back on R, recover weight to L.  
7&      Make a ¼ turn L stepping R to R side, cross L behind R.  
8&      Make a ¼ turn R stepping forward on R, make a ¼ turn R stepping L to L side.  
1      Cross R behind L whilst sweeping L from front to behind R. (3 o'clock).

**Behind Side Cross, ¾ Turn L, Rock Recover, Run Run, ½ Turn L.**

2&3      Step L behind R, step R to R side, cross L over R.  
4&      Make a ¼ Turn L stepping back on R, make a ½ turn L stepping forward on L.  
5,6      Rock forward on R, recover weight to L.  
&7      Run back R, run back L.  
8&      Make a ¼ turn L stepping back on R, make another ¼ turn L stepping forward on L. (12 o'clock).

**\*\*Restart walls 4 & 8 - Begin again.**

**Cross Rock Recover Side, Cross Rock Recover Side, Cross, ¼ Turn R Side Cross, Full Turn Side.**

1,2&      Cross rock R over L, recover weight to L, step R to R side.  
3,4&      Cross rock L over R, recover weight to R, step L to L side.  
5      Cross R over L.  
6&7      Make a ¼ turn R stepping back on L, step R to R side, cross L over R.  
8&1      Make a ¼ turn L stepping back on R, make a ½ turn L stepping forward on L, make a ¼ turn L stepping R to R side. (3 o'clock).

**(Optional Chasse R counts 8&1).**

**Back Rock Side, Back Rock ¼ Turn R, Step Full Turn R, Back Together.**

2&3      Rock L behind R, recover weight to R, step L to L side.  
4&5      Rock R behind L, recover weight to L, make a ¼ turn R stepping forward on R.  
6&7      Step forward on L, make a ½ turn R, weight forward on R make a ½ turn R stepping back on L.  
8&      Step back on R, close L beside R. (6 o'clock).

**\*Tag - end of wall 1 - begin again facing 6 o'clock**

**TAG: 8 Count Tag**

**Step, Step ½ Turn R, Step, Step ½ Turn L, Cross Rock Recover Side, Cross Rock Recover Side.**

1      Step forward on R.  
2&3      Step forward on L, make a ½ turn R, step forward on L.  
4&      Step forward on R, make a ½ turn L.  
5,6&      Cross rock R over L, recover weight to L, step R to R side.  
7,8&      Cross rock L over R, recover weight to R, step L to L side.

Restart 1 – During wall 4 begin again facing 6 o'clock.  
Restart 2 – During wall 8 begin again facing 12 o'clock.

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