

Jacob's Ladder

拍数: 80 墙数: 2 级数: Phrased Intermediate / Advanced
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音乐: Jacob's Ladder - Mark Wills : (CD: 2nd Time Around)



32 Count Intro - Sequence: A, A, B, B, B, BRIDGE, A, A, B, B, B, A

PART A – 48 counts

MODIFIED MONTEREY ½ TURN, ROCK STEP CROSS, WEAVE, STEP, SLIDE

1-2 Touch right toe to right, make ½ turn to right stepping right beside left (6)
3&4 Rock left to left side, recover onto right, cross left over right
&5 Step right to right side, step left behind right
&6 Step right to right side, cross left over right
7-8 Step right long step to right, drag left toe towards right

KICK & POINT x 2, STEP, ¼ TURN, CROSS SHUFFLE

1&2 Kick left forward, step left beside right, point right to right side
3&4 Kick right forward, step right beside left, point left to left side
5-6 Step forward left, ¼ turn right (9)
7&8 Cross left over right, step right to right side, cross left over right

HEEL JACKS, PIVOT ½ TURN, SHUFFLE ½ TURN

&1 Step right to right side, dig left heel forward
&2 Step left in place, cross right over left
&3 Step left to left side, dig right heel forward
&4 Step right in place, cross left over right
5-6 Step right forward, pivot ½ turn to left (3)
7&8 Make ½ turn to left stepping right, left, right (9)

STEP, LOCK BACK, STEP LOCK BACK, UNWIND ¾ TURN, RIGHT CHASSE

1&2 Step back on left, lock right in front of left, step left back
3&4 Step back on right, lock left in front of right, step back on right
5-6 Touch left behind right, unwind ¾ turn (12)
7&8 Step right to right side, close left beside right, step right to right side

MAMBO STEP, POINT, HITCH TURN X 2, STEP, TOUCH, STEP, KICK, COASTER STEP

1&2 Rock left to right diagonal, recover onto right, step left to left side
&3 Make ¼ turn to left hitching right, point right toe to right side (9)
&4 Make ¼ turn to left hitching right, point right toe to right side (6)
5& Step right forward, touch left toe behind right heel
6& Step left back, kick right forward
7&8 Step right back, step left beside right, step right forward

LEFT DOROTHY, RIGHT DOROTHY, KICK BALL TOUCH, UNWIND ½ TURN, STEP

1-2& Step left forward, lock right behind left, step left forward
3-4& Step right forward, lock left behind right, step right forward
5&6 Kick left forward, step left beside right, touch right toe back
7-8 Unwind ½ turn to right (weight on right) make ½ turn to right stepping left beside right (6)

PART B – 32 counts

HOLD, TOE TOUCHES, SAILOR STEP X 2

1-2-3 Hold, touch right toe forward touch right toe to right side

- 4&5 Step right behind left, step left to left side, step right to right side
6-7 Touch left toe forward, touch left toe to left side
8&1 Step left behind right, step right to right side, step left to left side

STOMP, HOLD, & WALK, WALK, ROCK RECOVER. ¾ TURN

- 2-3& Stomp forward on right, Hold, step forward on left
4-5 Walk forward on right, walk forward on left
6-7 Rock forward on right, recover onto left
8&1 Triple ¾ turn right, left, right (6)

BOTAFOGO'S, ½ TURNING VOLTERS

- 2&3 Step left forward, rock right to right side, recover onto left
4&5 Step right forward, rock left to left side, recover onto right
(The following steps, 6&7&8&1, are danced making a ½ turn to the right)
6& Step left DIRECTLY in front of right, step right to right side
7& Step left DIRECTLY in front of right, step right to right side
8& Step left DIRECTLY in front of right, step right to right side (12)
1 Step left beside right

RIGHT SAILOR STEP, LEFT SAILOR STEP, MAMBO ¼ TURN CROSS

- 2&3 Cross right behind left, step left to left side, step right to right side
4&5 Cross left behind right, step right to right side, step left to left side
6&7 Rock right forward, recover onto left, make ¼ turn to right stepping right to right side (3)
8 Cross left over right

**BRIDGE: After the 3rd repetition of part B, dance this bridge, and then restart at part A
MONTEREY ½ TURN X 2**

- 1-2 Touch right toe to right, make ½ turn to right stepping right beside left
3-4 Touch left toe to left, step left beside right
5-6 Touch right toe to right, make ½ turn to right stepping right beside left
7-8 Touch left toe to left, step left beside right
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