

Sunday

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Patrick Fleming (USA) - March 2012
音乐: Sunday - Anuheā : (iTunes)



Start after 32 when the heavy drums kick in

Walk-Walk-R Cross-Side-Step-L Cross-Side-Step-Cross-Unwind

1-2 Walk forward R (1), Walk forward L (2)
3&4 Cross R over L (3), Step L to L (&), Step R to R (4)
5&6 Cross L over R (5), Step R to R (&), Step L to L (6)
7-8 Cross R over L (7), Unwinding a full turn to the L weight ending on R (8) (12:00)

L Side Rock-Recover-Behind & Cross-R Step Back-Side-Triple Step

1-2 Rock L to L (1), Recover onto R (2)
3&4 Step L behind R (3), Step R to R (&), Cross L over R (4)
5-6 Step R back (5), Step L next to R (6)
7&8 Step R forward (7), Step L beside R (&), Step R forward (8) (12:00)

Step L-Hitch-Ball-Change-Step-Rock-Recover-1/4 Shuffle Step L

1-2 Step L forward (1), Slightly hitch R forward
&3-4 Step onto ball of R (&), Step L in place (3), Step R forward (4)
5-6 Rock L forward (5), Recover onto R (6)
7&8 Turning ¼ L, Step L to L (7), Step R next to L (&), Step L to L (8) (9:00)

R Cross-Kick-Behind & Cross-R Back-Side-& Rock & Rock

1-2 Cross R over L(1), Kick L diagonally forward L (2)
3&4 Step L behind R (3), Step R to R (&), Cross L over R (4)
5-6 Step R back (5), Step L next to R (6)
&7 Rock R back (&), Recover onto L (7)
&8 Rock R back (&), Recover onto L (8) (9:00)

Start dance again!

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