

Represent Cuba

COPPER KNOB
BY STEPHEN BATES

拍数: 64 墙数: 4 级数: Intermediate / Advanced
编舞者: Jodie Lavinia Cope (UK) - March 2012
音乐: Represent, Cuba (feat. Heather Headley) - Orishas : (Album: Dirty Dancing 2 Havana Nights)



Count in - About 17 , begin after vocals, " hey tu musica"

(1-8) Side, Behind and Cross, Side, Rock behind, Recover, Left Side Shuffle.

1 - 2 Step right to right side(1), Cross Left behind right(2).
& 3 Step right to right side(&), Cross left over right(3)0
4 - 5 Step right to right side(4). Rock left behind right(5).
6 - 7 Recover weight onto right foot(6). Step left to left side(7).
& 8 Step right next to left(&). Step left to left side(8)/

(9-16) Cross & behind, Cross 1/4 turn left, Rock forward, Recover, 1/4 turn cross, 1/4 turn left, Step back left, Right coaster step.

1 & Cross right over left(1). Step left to left side(&).
2 & Cross right behind left(2). Step left to left side(&).
3 & Make a 1/4 turn left rocking forward on right(3). Recover weight onto left foot(&).9:00
4 & Make a 1/4 turn right stepping right to right side(4). Cross left over right(&). 12:00
5 - 6 Make a 1/4 turn left stepping back on right foot(5). Step back on left foot(6). 9:00
7 & 8 Step right foot back(7). Step left next to right(&). Step forward on right(8).

(17-24) Side, Close, Side, Close. 1/4 turn left, Right Mambo forward, Left Mambo back

1 - 2 Step left to left side(1), Step right next to left(2).
3 & 4 Step left to left side(3), Step right next to left(&). Make a 1/4 turn left stepping forward on left foot(4).6:00
5 & 6 Rock forward on right foot(5). Recover weight onto left foot(&), Step right next to left(6).
7 & 8 Rock back on left(7), Recover weight onto right foot(&). Step left next to right(8).

(25-32) Rock forward, Recover, Step back Right lock step, 1/2 turn shuffle left, Rock forward, Recover, Step back lock step.

1 & 2 Rock forward on right foot(1). Recover weight onto left(&). Step back on right foot(2).
& 3 Lock left over right(&), Step back on right(3).
4 & 5 1/2 turn shuffle left stepping Forward on left foot(4). Step right next to left(&). Step forward on left(5). 12:00
6 & 7 Rock forward on right(6). Recover weight onto left(&) Step back on right(7).
& 8 Lock left over right foot(&). Step back on right(8).

(33-40) 1/2 turn shuffle left, Side & Cross, Side & cross, Side, Behind, 1/4 turn right.

1 & 2 1/2 turn shuffle left stepping forward on left foot(1). Step right next to left(&), Step forward on left(2). 6:00
3 & 4 Rock right to right side(3). Recover weight onto left foot(&), Cross right over left(4).
5 & 6 Rock left to left side(5), Recover weight onto right foot(&), Cross left over right(6).
7 & 8 Step right to right side(7). Cross left behind right(&), Make a 1/4 turn right stepping forward on right foot(8). 9:00

(41-48) Cross, Back, 1/4 left, Cross & behind, Cross, Step 1/4 turn left, Cross, Step back.

1 - 2 Cross left over right(1), Step back on right(2).
& 3 Make a 1/4 turn left stepping left to left side(&), Cross right over left(3). 6:00
& 4 Step left in place slightly behind right foot(&). Cross right behind left(4).
& 5 Step left in place slightly in front of right(&). Cross right over left(5).

6 - 7 Make a 1/4 turn left stepping forward on left(6). Step right to right side(7). 3:00
8 Cross left over right(8)

With the cross and behind steps, you should twist your body from side to side.

(49-56) Step back right, 1/4 turn left & Cross & Behind & Cross, 1/4 turn left, Side, Cross, Right Side rock.

1 & 2 Step back on right foot(1), Make 1/4 turn left stepping left to left side(&). Cross right over left(2). 12:00

& 3 Step left in place slightly behind right(&). Cross right behind left(3).

& 4 Step left in place slightly in front of right(&), Cross right over left(4).

5 - 6 Make a 1/4 turn left stepping forward on left(5). Step right to right side(6). 9:00

7 - 8 Cross left over right(7), Rock right to right side(8).

(57-64) & Cross, 1/4 right, 1/4 right, Cross, Rock & Cross, Side Shuffle left, Rock back right, Recover.

& 1 Recover weight onto left(&). Cross right over left(1).

2 & 3 Make a 1/4 turn right stepping back on right foot(2). Make a 1/4 turn right stepping right to right side(&) Cross left over right(3). 3:00

4 & 5 Rock right to right side(4). Recover weight onto left(&) Cross right over left(5).

6 & 7 Step left to left side(6). Step right next to left(&). Step left to left side(&).

8 & Rock right behind left(8). Recover weight onto left(&)

Tag - at the end of the 3rd wall, Instead of restarting the dance Add the tag and then restart the dance

(1-8) Side, Rock back left, Recover & side, Touch behind & in front & behind & in front & behind & in place.

1 - 2 Step right to right side(1). Rock left behind right(2).

& 3 Recover weight onto right foot(&). Step left to left side(3).

4 & Step ball of your right foot behind left(as though you're on tip toes)(4). Step left foot in place(&).

5 & Step the ball of your right foot in front of left(5), Step left in place(&).

6 & Step the ball of your right foot behind left(6). Step left in place(&).

7 & Step the ball of your right foot in front of left(7). Step left in place(&).

8 & Step the ball of your right foot behind left(8). Step left foot in place(&).

These are very quick steps, You should lift your right leg high as your moving it behind and in front of your left leg, Big latin movements

Last Revision - 6th April 2012
