

Light Up My Soul

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Beginner
编舞者: Sally Hung (TW) - March 2012
音乐: Wei Guan Joe Der Ger Yin (微光中的歌吟) - Yvonne Cheng (鄭怡)



Start the dance after 30 counts

Tag: (6 counts) to be added at the wall 5 after finished section 1~4 (12:00)

1,2,3 Weight on L, sway over 3 counts
4,5,6 Weight on R, sway over 3 counts

S1. BASIC FWD, BACK BASIC

1,2,3 Step fwd L, step R next to L, step L next to R
4,5,6 Step back R, step L next to R, step R next to L

S2. STEP L 1/2 TURN, BACK BASIC

1,2,3 Step fwd L, make 1/4 turn L stepping R next to L, step L next to R
4,5,6 Make 1/4 turn L stepping back R, step L next to R, step R next to L

S3. STEP FWD TOUCH, 1/4 TURN L STEP BACK TOUCH

1,2,3 Step fwd L, touch R to R side, hold
4,5,6 Make 1/4 turn L stepping back on R, touch L to L side, hold

S4. STEP FWD TOUCH, 1/4 TURN L STEP BACK TOUCH

1,2,3 Step fwd L, touch R to R side, hold
4,5,6 Make 1/4 turn L stepping back on R, touch L to L side, hold

S5. CROSS SIDE BEHIND, STEP SIDE CRAG TOUCH

1,2,3 Cross L over R, step R to R side, step L behind R
4,5,6 Step R a long step R, drag L to R, touch L next to R

S6. BEHIND SIDE CROSS, STEP SIDE DRAG TOUCH

1,2,3 Step R behind L, step L to L side, cross R over L
4,5,6 Step L a long step L, drag R to L, touch R next to L

S7. STEP FWD TOUCH, 1/4 TURN L STEP BACK TOUCH

1,2,3 Step fwd L, touch R to R side, hold
4,5,6 Make 1/4 turn L stepping back on R, touch L to L side, hold

S8. STEP BEHIND TOUCH, 1/4 TURN L STEP BEHIND TOUCH

1,2,3 Step L behind R, touch R to R side, hold
4,5,6 Make 1/4 turn L stepping R behind L, touch L to L side, hold

Happy Dancing

Contact Sally Hung: hung1125@gmail.com