

Lady Willpower

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - March 2012
音乐: Lady Willpower - Gary Puckett & The Union Gap



**** Celebrating 20 years of dance! ****

Start after 16 count intro – [175bpm – music 2mins 35secs]

[1-8] ½ R Monterey stepping L in place, cross R, L side, 3 step weave to L

1-2 Point R toes side, turning ½ right step R together (6 o'clock)
3-4 Point L toes side, step L in place
5-6 Cross step R over L, step L side
7&8 Step R behind L, step L to L side, cross step R over L

[9-16] L side rock/recover, L behind- ¼ R step R fwd, L fwd rock/recover, L coaster step

1-2 Rock L to L side, recover weight on R
3-4 Step L behind , turn ¼ R step R forward (9 o'clock)
5-6 Rock L forward, recover weight on R
7&8 Step L back, step R together, step L forward

[17-24] ¼ R jazz box cross, R side, L together, R fwd shuffle

1-2 Cross step R over L, step L back
3-4 Turn ¼ R step R to R side, cross step L over R (12 o'clock)
5-6 Step R side, step L together
7&8 Step R forward, step L together, step R forward

[25-32] L fwd rock/recover, ½ L shuffle, R fwd, ½ L pivot, R fwd, ¼ L pivot

1-2 Rock L forward, recover weight on R
3&4 Turning ½ left step L forward, step R together, step L forward (6 o'clock)
5-6 Step R forward, pivot ½ left (12 o'clock)
7-8 Step R forward, pivot ¼ left (9 o'clock)

TAG: End of walls 1, 4, 8:

1-4 Step R forward, rock L forward, recover weight on R, step L back
5-8 Rock R back, recover weight on L, rock R forward, recover weight on L

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