

Mini Barrel

拍数: 32 墙数: 4 级数: High Beginner - ECS
编舞者: Niels Poulsen (DK) - March 2012
音乐: Love You in a Barrel - The Lennerockers : (Album: The Quarter)



**Intro: 8 counts from first beat in music (app. 4 secs into track).
Start with weight on L foot. - NO TAGS, NO RESTARTS!**

[1 – 8] R chasse, L back rock, L chasse, R back rock

1&2 Step R to R side (1), step L next to R (&), step R to R side (2) 12:00
3 – 4 Rock back on L (3), recover fw on R (4) 12:00
5&6 Step L to L side (5), step R next to L (&), step L to L side (6) 12:00
7 – 8 Rock back on R (7), recover fw on L (8) 12:00

[9 – 16] R kick ball change X 2, R rocking chair

1&2 Kick R foot fw (1), step R next to L (&), change weight to L (2) 12:00
3&4 Kick R foot fw (3), step R next to L (&), change weight to L (4) 12:00
5 – 6 Rock R fw (5), recover weight back on L (6) 12:00
7 – 8 Rock back on R (7), recover weight fw on L (8) 12:00

[17 – 24] R shuffle fw, step ½ turn R, L shuffle fw, step ¼ L

1&2 Step fw on R (1), step L behind R (&), step fw on R (2) 12:00
3 – 4 Step fw on L (3), turn ½ R stepping onto R (4) 6:00
5&6 Step fw on L (5), step R behind L (&), step fw on R (6) 6:00
7 – 8 Step fw on R (7), turn ¼ L stepping onto L foot (8) 3:00

[25 – 32] R jazz box, step fw L, out out in in X 2

1 – 2 Cross R over L (1), step back on L (2) 3:00
3 – 4 Step R to R side (3), step fw on L (4) 3:00
&5&6 Step out on R (&), step out on L (5), step R to centre (&), step L to centre (6) 3:00
&7&8 Step out on R (&), step out on L (7), step R to centre (&), step L to centre (8) – weight L 3:00

**Ending Start wall 13 and do up to count 30, facing 3:00 (you've just done the first out out in in).
To end facing 12:00 do this: Change weight to R (&), turn ¼ L stepping fw on L (7). 12:00**

BEGIN AGAIN and... ENJOY!

**Optional: On 6th and 10th wall, facing 6:00, hit the little break in the music on count 31 and 32:
Do count 31 (out R L), HOLD count 32, on the &-count change weight to L hitching R knee next to L**

Buy music: - on www.lennerockers.de. - Email to buy: office@lennerockers.de

Contact: niels@love-to-dance.dk - www.love-to-dance.dk