

That 55 Ford

拍数: 64 墙数: 4 级数: Beginner
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音乐: 55 Ford - The Refreshments



16 count intro

Sec1: Right lock right scuff, left lock left scuff

1-4 Step on right, lock left behind, step on right, scuff left,
5-8 Step on left, lock right behind, step on left, scuff right.

Sec 2: Right mambo fwd, kick, back, kickback, kick back with claps

1-4 Step fwd on right back on left, step back on right, kick left,
5-8 Step back on left kick right, step back on right kick left, (as you kick clap hands)

Sec 3: Left coaster step back hold, step ½ turn left step hold

1-4 Step back on left step right beside left step fwd on left hold
5-8 Step fwd on right ½ turn left step fwd on right hold

Sec 4: Left lock left scuff, Right lock right scuff

1-4 Step on left, lock right behind, step on left scuff right,
5-8 Step on right, lock left behind, step on right scuff left,

Sec 5: Left mambo fwd, kick, back kick, back kick with claps

1-4 Step fwd on left step back on right, step back on left, kick right,
5-8 Step back on right kick left, step back on left kick right (as you kick clap hands)

Sec 6: Right coaster step back hol, step ¼ turn right hold

1-4 Step back on right, step left beside right, step fwd on right hold
5-8 Step fwd on left ¼ turn right, cross left over right hold

Sec 7: Weave right, side hold rock recover

1-4 Step right to right side, left behind, right to right side, cross left over right,
5-8 step right to right side hold, rock left behind right, recover weight on right.

Sec 8: Weave left, side hold rock recover

1-4 Step left to left side, right behind, left to left side cross right over left,
5-8 Step left to left side hold, rock right behind left, recover weight on left.