

# Everybody's A Mess

COPPERKNOB  
STEPSHEETS

拍数: 80      墙数: 2      级数: Phrased Intermediate / Advanced  
编舞者: Christine Collins (AUS) - March 2012  
音乐: Everybody's A Mess - Amber Lawrence : (Album: 3 - 3:27)



**Intro: 32 beats - Anti-Clockwise Rotation**

## Part A: 32 counts

**[1-8] Step side, Hold, Step together, Step side, Cross rock, Side shuffle, Hold**

1, 2 & 3      Step R to side, Hold, Step L together, Step R to side  
4, 5      Rock L across in front of R, Replace weight onto R  
6 & 7, 8      Step L to side, Step R beside L, Step L to side, Hold

**[9-16] Step together, Step side, Cross rock, Side rock, ¼ sailor, Step L fwd**

& 1, 2, 3      Step R together, Step L to side, Rock R across in front of L, Replace weight onto L  
4, 5      Rock R to side, Replace weight onto L  
6 & 7      Step R behind L, Step L to side, Step R forward ¼ R (3:00)  
8      Step L forward

**[17-24] R rocking chair, right shuffle, ¼ pivot**

1, 2      Rock R forward, replace back on L  
3, 4      Rock R back, replace forward on L  
5 & 6      Step R forward, Step L together, Step R forward  
7, 8      Step L forward, Replace weight onto R ¼ R (6:00)

**[25-32] Cross shuffle, ¼, ½, Step R Fwd, Hold, Step L Fwd, Hold**

1 & 2      Step L across R, Step R in place, Step L across R  
3, 4      Step R back ¼ L, Step L to the side ¼ L (12:00)  
5, 6      Step R forward, Hold  
7, 8      Step L forward, Hold

## Part B: 48 counts

**[1-8] R Dorothy, L Dorothy, Rock, Replace and heel**

1, 2 &      Step R forward (45° angle), Step L behind, Step R forward (45° angle)  
3, 4 &      Step L forward (45° angle), Step Right behind, Step Left forward (45° angle)  
5, 6 &      Rock R forward, Replace weight back on L, Step R Back  
7, 8      Touch L heel forward (45° angle), Hold

**[9-16] Step, Rock, Replace, Lock back, back rock, Step, Step**

& 1, 2      Step L in place, Rock R forward, Replace weight onto L  
3 & 4      Step R back, Step L back across R, Step R back  
5, 6      Rock L back, Replace weight onto R  
7, 8      Step L forward, Step R forward

**[17-24] Side rock behind side cross (Repeat)**

1, 2      Step L to side, replace weight onto R  
3 & 4      Step L behind R, Step R to side, Step L across R  
5, 6      Step R to side, replace weight onto L  
7 & 8      Step R behind L, Step L to side, Step R across L

**[25-32] ¼ pivot, Cross shuffle, ¾ turn touch, Hold**

1, 2      Step L forward, replace weight onto R ¼ R (3:00)  
3 & 4      Step L across R, Step R in place, Step L across R

5, 6 Step R back ¼ L, Step L back ½ L (6:00)  
7, 8 Touch R beside L, Hold

**[33-40] Right side touch left, left side touch right, right rocking chair**

1, 2 Step R to side, Touch L beside R  
3, 4 Step L to side, Touch R beside L  
5, 6 Rock R Forward, Replace weight onto L  
7, 8 Step R back, Replace weight onto L

**[41-48] Heel switches Right and Left, Double Right heel, Heel switch Left and Right, Step Fwd, Touch, Hold**

1 & 2 & R Heel (45\* angle), Step R together, L Heel (45\* angle), Step L together  
3, 4 R Heel (45\* angle), Lift, Touch, R Heel (45\* angle)  
&5 & 6 & Step R together, L Heel (45\* angle), Step L together, R Heel (45\* angle), Step R together  
7, 8 Step L forward, Touch R beside L

**SEQUENCE :**

**A, B, A, B (to count 40), A, B (to count 32), B (to count 32), B, A, B (to count 32), B (to count 32), ending**

**ENDING: On wall 11 Dance B to count 32 then add a Right cross unwind to the front**

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**Last Revision – 18th March 2012**

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