Life's Gift



拍数: 32 墙数: 4 级数: High Intermediate

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音乐: Life's Gift - Nianell



Start: On lyrics – (2 Restarts).

S1: Diagonal coaster, Rocking chair, Fwd, Rock, Recover, Cross, Back ¼ right, Fwd ½ right,
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1,2& Step R back to face right diagonal, Close L to R, Step R slightly fwd,

3&4& Rock L fwd keeping on diagonal, Recover R back, Rock L back, Recover R fwd,

5,6 Step L fwd to face 12.00, Rock R to right side,

&7 Recover L to left side, Step R across L,

&8& Step L back making a ¼ turn right, [3.00] Step R fwd making a ½ right, Step L next to R

[9.00]

Restart here on wall 5 & 7

S2: Scissor step, Ball turn ¼ right, Side, Cross, Side, Cross, Sweep ¾ left, Touch, Fwd, Full turn right

1,2& Step R fwd, Close L to R, Step R across L [to face left diagonal],

3&4& Step L fwd and make a ¼ turn right turn on ball of L, Step R to right side, Step L across R,

Step R to right side, [12.00]

5,6 Step L across R, Sweep R out and around making a ¾ turn left, [3.00]

& Touch R next to L,

7&8 Step R fwd, Step L back making a ½ turn right, [9.00] Step R fwd making a ½ turn right [3.00]

S3: Step, Fwd, Touch, Back, Touch, Behind, Side, Cross, Fwd 1/4 left, Touch, Unfold, Back, Point

&1& Step L in place, Step R fwd to right diagonal, Touch L to R,

2& Step L back, Touch R to L,

3&4 Cross R behind L, Step L to left side, Step R across L,
5& Step L fwd making a ¼ turn left, Touch R next to L, [12.00]

6& Start to unfold R, Unfold R fully, 7,8 Step R back, Point L behind

S4: Fwd, Back ½ left, Back, Coaster step, Fwd, Brush, Back ½ left, ½ left and hook, Shuffle diagonal left, Kick

1,2& Step L fwd, R back making a ½ turn left, Step L back, [6.00]

3&4 Step R back, Close L to R, Step R fwd,

Step L fwd, Brush R fwd, Step R back making a ½ turn left, [12.00] Turn a ½ turn left on ball of R hooking L across R [low hook], [6.00]

7&8& Step L fwd to left diagonal, Close R to L, Step L fwd, Kick R low kick fwd keeping on diagonal

in prep. to start dance again on [3.00]

Start again already facing diagonal of 3.00 at start of dance.

Restart on wall 5, facing 9.00 Restart on wall 7, facing 9.00