

Lonely Lady

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Jan Wyllie (AUS) - November 2011
音乐: Lonely Lady - Bouke



Written by request for Rini Donkers from The Netherlands
16 count intro,

Rock Fwd Back, Shuffle Back, Rock Back Fwd, Shuffle Fwd

1,2,3&4 Rock/step fwd on R, Rock back on L, Shuffle back R,L,R
5,6,7&8 Rock/step back on L, Rock fwd on R, Shuffle fwd L,R,L

Rock Fwd Back, 1/2 Shuffle, Step Pivot 1/2 Shuffle Fwd

9,10,11,12 Rock/step fwd on R, Rock back on L, Making 1/2 right shuffle fwd R,L,R
13,14,15,16 Step fwd on L, Pivot 1/2 right, Shuffle fwd L,R,L RESTART ON WALL 5

R Heel Together, L Toe Back Together, R Toe Back Together, L Heel Together

17,18 Touch R heel fwd to right diagonal, Step R beside L,
19,20 Touch L toe back to left diagonal, Step L beside R
21,22 Touch R toe back to right diagonal, Step R beside L,
23,24 Touch L heel fwd to left diagonal, Step L beside R

Rock Fwd Back, Rock Back Fwd, Step Pivot 1/4, Triple Step

25,26,27,28 Rock/step fwd on R, Rock back on L, Rock/step back on R, Rock fwd on L
29,30 Step fwd on R, Pivot 1/4 left transferring wt to L
31&32 Step R beside L, Step L beside R, Step R beside L (full turn left - alternative)

Rock Fwd Back, Coaster, Rock Fwd Back, Coaster

33,34,35&36 Rock/step fwd on L, Rock back on R, Step back on L, Step R beside L, Step fwd on L
37,38,39&40 Rock/step fwd on R, Rock back on L, Step back on R, Step L beside R, Step fwd on R

Step Scuff, Step Scuff, Across Back, Side Touch

41,42,43,44 Step fwd on L, Scuff R fwd, Step R fwd and across L, Scuff L fwd
45,46,47&48 Step L across R, Step back on R, Step L to left, Touch R beside L

Fwd Stomp/Clap, Back Stomp/Clap, Side Together, Side Touch

49,50,51,52 Step fwd on R, Tap L beside R/clap, Step back on L, Tap R beside L/clap
53,54,55,56 Step R to right, Step L beside R, Step R to right, Touch L beside R

Side Together, 1/4 Fwd Scuff Across, Weave Left

57,58,59,60 Step L to left, Step R beside L, Making 1/4 left step fwd on L, Scuff/sweep R across L
61,62,63,64 Step R across L, Step L to left, Step R behind L, Step L to left

*There is a restart after count 16 on wall 5

Thanks to Rini for this song.... Lovely!
I am sure that the dancers who don't like it too easy,
but don't like it too hard either, will appreciate this dance.
Hope you like it too!

See you on the floor sometime.... Jan