

Way Up High

COPPERKNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: High Intermediate
编舞者: Dan McInerney (UK) - February 2012
音乐: Wherever You Will Go - Charlene Soraia : (Album: Moonchild - 3:17)



Starts: Immediately! Count 1 begins on the first piano note just before she sings "So lately..."

TURN-SWEEP, CROSS TURN SIDE, BEHIND AND CROSS, SIDE ROCK RECOVER QUARTER HALF CROSS

(NOTE: for the first wall of the dance, start facing 03:00 so that you face 12:00 after count 1)

- 1 Make 1/4 L as you step L forward and sweep R around and across L (12:00)
- 2&3 Step onto R across L, make 1/4 turn R as you step back L, step R to R side (03:00)
- 4&5 Step L behind R, step R to R side, Step L across R
- 6&7& Step R to R side, rock L behind R, recover weight onto R, make 1/4 turn R as you step L back (06:00)
- 8& Make 1/4 turn R as you step R to side, cross L over R (09:00)

SIDE, CROSS ROCK SIDE, SWEEP, COASTER STEP STEP ROCK RECOVER TURN CROSS

- 1, 2& Step R to R side, cross rock L over R, recover weight onto R
- 3, 4 Step L to L side, step R in place as you sweep L anti-clockwise around making 1/4 turn L (06:00)
- 5&6& Step L back, step R next to L, step L forward, step R forward
- 7&8& Rock L forward, recover weight onto R, make 1/4 turn L stepping L to L side, cross R over L (03:00)

(RESTART: restart here on wall 2 (you will be facing 12:00) and 5 (you will be facing 03:00))

(OPTION: on 'chorus' walls 2, 4 and 6, (she sings "way up high") through counts "1, 2&" extend L arm in front and across body with hand above head height as if reaching for something, (She sings "or down low") through counts (3, 4) bring arm back down across body and down to the left as if letting go of something)

STEP, ROCK AND BACK, BACK BACK TURN, STEP TURN ROCK, RECOVER TURN

- 1, 2& Make 1/4 turn L as you step L forward, rock R forward, recover weight onto L (12:00)
- 3, 4& Step R back, step L back, step R back
- 5, 6& Make 1/2 turn L as you step L forward, step R forward, make 1/2 L taking weight onto L (12:00)
- 7, 8& Rock forward onto R, recover weight onto L, make 1/2 turn R stepping R forward (06:00)

HITCH, STEP, ROCKING CHAIR AND PIVOT TURN, SPIRAL, HALF QUARTER

- 1, 2 Hitch L as you make 1/2 R, step L forward and slightly across R (12:00)
- 3&4& Rock R forward, recover weight onto L, rock R back, recover weight onto L
- 5, 6 Step R forward, pivot 1/2 L taking weight onto L (06:00)
- 7, 8& Step R forward spiralling full turn L, step L forward, make 1/2 turn L stepping R back (12:00)

REPEAT

RESTART: Happens after 16 counts on wall 2 and in the same place on wall 5.