

Celtic Rock

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Derek Robinson (UK) - March 2012
音乐: Rare Old Mountain Dew - Orthodox Celts : (CD: Green Roses)



Note: The dance is choreographed to the track by Orthodox Celts which may be hard to find as a MP3 download, but alternative versions are available by other artists.

Intro: 8 counts after beat kicks in.

Sec 1: WALK FORWARD RIGHT, LEFT, MAMBO STEP, SYNCOPATED HITCH STEPS BACK, COASTER STEP.

1-2 Walk forward right, left.
3&4 Rock forward right, recover onto left, step back right.
&5 Hitch left, step back left.
&6 Hitch right, step back right.
7&8 Step back left, step right beside left, step forward left.

Sec 2: RIGHT SIDE ROCK, CROSS SHUFFLE, LEFT SIDE ROCK, CROSS SHUFFLE.

1-2 Rock side right, recover onto left.
3&4 Cross right over left, step left to left side, cross right over left. (Lift right knee when crossing).
5-6 Rock side left, recover onto right.
7&8 Cross left over right, step right to right side, cross left over right. (Lift left knee when crossing).

Sec 3: SIDE ROCK, ¼ TURN, PIVOT ½ TURN, FORWARD ROCK, SHUFFLE BACK.

1-2 Rock side right, recover onto left stepping ¼ turn left. (9.00)
3-4 Step forward right, pivot ½ turn left. (3.00)
(Restart here on wall 5).
5-6 Rock forward on right, recover onto left.
7&8 Step back right, step left beside right, step back right.

Sec 4: SYNCOPATED ROCK STEPS BACK & FORWARD, WALK ½ CIRCLE RIGHT.

1& Rock back on left, recover onto right.
2& Rock forward on left, recover onto right.
3& Rock back on left, recover onto right,
4 Step forward left.
5-6-7-8 Walk in ½ circle right, (with a swagger), stepping – right, left, right, left (9.00)

Begin again

Restart There is one easy restart after 20 counts on wall 5; you will be facing (3.00) for restart.