

Revolution

COPPER KNOB
BY STEPHENETS

拍数: 64 墙数: 4 级数: Phrased Intermediate / Advanced
编舞者: Paul McAdam (UK) - March 2012
音乐: World Go Round (feat. Estelle) - Busta Rhymes



Count in: Approximately 32 counts into song on approximately 17 seconds
Phrasing ; ABBBABBABBBAB

PART A – 32 counts

[1-8] SIDE, CROSS UNWIND ½, SWITCHES, BEHIND, KICK, BEHIND

1,2 Step left foot to left side, cross right foot behind left
3,4 Unwind a ½ turn right, touch left toe out to left side
&5 Step left next to right, touch right toe out to right side
6,7 Cross right foot behind left, kick left foot out to left side
8& Cross left foot behind right, step right foot to right side

[9-16] CROSS HOLD & CROSS, STEP LOCK FULL TURN, SIDE, BEHIND, SIDE

1,2 Cross left over right, hold
&3 Step right foot to right side, cross left foot behind right,
4&5&6 Make a ¾ turn right whilst stepping right foot forward then lock left behind (continuous shuffle) step-lock-step-lock-step
7 Make a ¼ turn right and step left foot to left side
8& Cross right foot behind left, step left foot to left side

[17-24] FORWARD WALKS, KICK OUT-OUT-IN-IN BACK WALKS

1,2 Step a big step forward on right, sway right hip out to right side as you touch left toe next to right
3,4 Step left foot a big step forward, sway left hip out to left as you kick right foot forward
&5 Step back on right foot and slightly out to the side, step left foot out to left side
&6 Step back on right foot, step left foot next to right
7,8 Walk back on right foot, step left foot next to right

[25-32] SWIVEL & SWEEPS, BEHIND SIDE, PRESSES, CROSS ½ TURN

1,2 Gradually sweep right toe forward out to the side and back next to left foot as the left foot swivels heel to the right, then toe to the right (your right toe should come back in as you have swivelled your left toes to the right on count 2)
3,4 Sweep your right toe forward and out to the side as your left heel swivels right, cross right foot behind left
&5 Step left foot to left side, press/cross right foot over left
&6 Recover weight back onto left, press weight over ball of right foot
7,8 Cross left foot over right, unwind ½ turn right

END OF PART A

PART B – 32 counts

[1-8] STEP-LOCK-STEP-TOUCH, SWIVEL HEEL TOUCH, HOLD & TOUCH

1,2 Step forward on left foot, lock right foot behind left
3,4 Step forward on left foot, touch right toe next to left
5&6 Swivel right toe out to right side, swivel right heel out to right side, as you swivel LEFT heel to right side, sit right hip over right foot
7 Hold a count
&8 Step left foot to left side, touch right toe next to left

[9-16] FLICK BALL TURNS, WALKS BACK

- 1&2 Flick right foot forward into a low kick, make a ½ turn right and step forward on right, step forward on left
- 3&4 Flick right foot forward into a low kick, make a ½ turn right and step forward on right, step forward on left
- 5,6,7,8 Walk back Right, left, right, left

[17-24] SCUFF,PRESS, TWIST, TOGETHER, BACK, TURN, TOGETHER

- 1,2 Scuff right foot past next to left foot, press right foot to right diagonal
- 3,4 Twist right knee in, twist right knee out taking weight onto right foot
- 5,6 Step left foot next to right foot(still facing right diagonal), touch right toe back
- 7,8 Unwind 3/8 turn right taking weight on right, step left foot next to right

[25-32] SIDE HOLD, ¼ STEP, & LOCK, ROLLING GRAPEVINE

- 1,2 Step right foot to right side, hold a count
- &3 Step left foot to right foot, make a ¼ turn right and step forward on right foot
- &4 Step back on left foot, lock right foot over left foot
- 5,6 Make a ½ turn left and step forward on left foot, make a ½ turn left and step back on right foot
- 7,8 Make a ¼ turn left and step left foot to left side, cross right foot over left

END OF PART B
