All Shook Up



拍数: 48 墙数: 4 级数: Beginner

编舞者: Chris Jackson (UK) - March 2012

音乐: All Shook Up - Elvis Presley: (Remastered Original Version)



WARNING! TWO VERY EASY RESTARTS ON WALLS 3 AND 5 EVERY TIME ELVIS SINGS: `SHE TOUCHED MY HAND AND WHAT A CHILL I GOT'

Dance starts with weight on the left after a 16-count intro and ends facing the front after the second lot of hip bumps right.

TOE STRUT, TOE STRUT, HIP BUMPS RIGHT

1-4 Touch right toe forward, bring right heel down, touch left toe forward, bring left heel down

5-8 Touch right to right side and bump hips right/left/right/left

TOE STRUT, TOE STRUT, HIP BUMPS RIGHT

9-12 Touch right toe forward, bring right heel down, touch left toe forward, bring left heel down

13-16 Touch right to right side and bump hips right/left/right/left

PIVOT QUARTER TURN, PIVOT QUARTER TURN, OUT RIGHT, OUT LEFT, HIP BUMPS OR SHAKE

17-20 Step forward right, push round a quarter turn to your left 21-24 Step forward right, push round a quarter turn to your left

25-28 Stomp right to right side and hold, stomp left to left side and hold

29-32 Bump hips right/left/right/left or shake body down

RESTARTS HERE ON WALLS 3 (facing front) AND 5 (facing 9 o'clock)

VINE RIGHT WITH A TOUCH, VINE LEFT WITH A TURN

33-36 Step right to right side, step left behind right, step right to right side, touch left next to right 37-40 Step left to left side, step right behind left, making a quarter turn to your left step left to left side, touch right next to left

VINE RIGHT WITH A TOUCH, VINE LEFT WITH A TOUCH

Step right to right side, step left behind right, step right to right side, touch left next to right

Step left to left side, step right behind left, step left to left side, touch right next to left