

Rockaway

拍数: 48 墙数: 4 级数: Easy Intermediate
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音乐: Feels Like Rock 'n Roll - Bouke : (CD: For The Good Times)



16 Count intro (Script Written as 89 bpm)

Right Lock Step Forward. Scuff. Left & Right Toe Struts Forward. Step. Pivot Full Turn Right. Right Lock Step Back.

- 1 & 2 & Step forward on Right. Lock step Left behind Right. Step forward on Right. Scuff Left forward.
- 3 & 4 & Step forward on Left toe. Drop Left heel to floor. Step forward on Right toe. Drop right heel to floor.
- 5 & 6 Step forward on Left. Pivot ½ turn Right. Make ½ turn Right stepping back on Left.
- 7 & 8 Step back on Right. Lock step Left across Right. Step back on Right. (Facing 12 'clock)

Easier option: Counts 5 & 6 above... Left Mambo Forward.

Back Rock. & Left Side Step. Behind & Cross. Side Step Left. Touch. Side Step Right. Touch. Left Scissor Step.

- 1 & 2 Rock back on Left. Rock forward on Right. Step Left out to Left side.
- 3 & 4 Cross Right behind left. Step Left to Left side. Cross Step Right over Left.
- 5 & Step Left to Left side. Touch Right toe beside Left.
- 6 & Step Right to Right side. Touch Left toe beside Right.
- 7 & 8 Step Left to Left side. Close Right beside Left. Cross step left over Right.

Chasse ¼ Turn Right. Scuff. Left Mambo Forward. Hitch. Right Coaster Step. Forward Rock & Left Side Rock.

- 1 & 2 Step Right to Right side. Close Left beside Right. Make ¼ turn Right stepping forward on Right.
- & Scuff left forward. (facing 3 o'clock).
- 3 & 4 & Rock forward on Left. Rock back on Right. Step back on Left. Hitch Right Knee up.
- 5 & 6 Step back on Right. Step Left beside Right. Step forward on Right.
- 7 & 8 & Rock forward on Left. Rock back on Right. Rock Left out to Left side. Recover weight on Right.

Left Cross Shuffle. Right Side Rock & Cross. 2 x ¼ Turns Right. Cross. Right Side Rock & Cross.

- 1 & 2 Cross Step Left over Right. Step Right to Right side. Cross Step Left over Right.
- 3 & 4 Rock Right out to Right side. Recover weight on Left. Cross step Right over Left.
- 5 & Make ¼ turn Right stepping back on left. Make ¼ turn Right stepping Right to Right side.
- 6 Cross step Left over Right. (facing 9 o'clock)
- 7 & 8 Rock Right out to Right side. Recover weight on Left. Cross step Right over Left.

Left Toe Touch Out-In-Out. Left Jazz Box ¼ Turn Left with Flick. Right Lock Step Forward. Step. Pivot ½ Turn Right. Step.

- 1 & 2 Touch Left toe out to Left side. Touch Left toe beside Right. Touch Left toe out to Left side.
- 3 & Cross step Left over Right. Make ¼ turn Left stepping back on Right.
- 4 & Step Left to Left side and slightly forward. Flick/Kick Right heel back. (facing 6 o'clock)
- 5 & 6 Step forward on Right. Lock step Left behind Right. Step forward on Right.
- 7 & 8 Step forward on Left. Pivot ½ turn Right. Step forward on Left. (facing 12 o'clock)

2 x Right Heel Grinds. & Right Sailor Step. 2 x Left heel Grinds. & Left Sailor ¼ Turn Left.

- 1 & Dig Right heel across Left. Fan Right toes to Right side whilst stepping Left to Left side.
- 2 & Dig Right heel across Left. Fan Right toes to Right side whilst stepping Left to Left side.
- 3 & 4 Cross Right behind left. Step Left to Left side. Step Right to Right side.

- 5 & Dig Left heel across Right. Fan Left toes to Left side whilst stepping Right to Right side.
- 6 & Dig Left heel across Right. Fan Left toes to Left side whilst stepping Right to Right side.
- 7 & 8 Cross left behind Right. Make $\frac{1}{4}$ turn Left stepping Right beside Left. Step forward on Left.
(facing 9 o'clock)

START AGAIN.
