

Beloved Baby

COPPER KNOB
BY SHEETS

拍数: 192 墙数: 2 级数: Improver
编舞者: Purple Butterfly (CN) - February 2012
音乐: Xin Ai De Bao Bei (心爱的寶貝) - Ta Ge Kuang Chang Wu (踏歌廣場舞)



Intro: 32 Counts. [00:13] - Sequence: Tag x 2, Full Dance x 3, Tag x 2

Note: This line dance incorporates dance moves and styles from Chinese Dance, Modern Dance and Line Dance.

It may be a little HARD to interpret some of these arms movements. Hence, to achieve a more comprehensive understanding of these moves, view the choreographer's video demonstration.

TAG: (1 Wall, 16 Counts)

Dance twice only. Once at the beginning as introduction & once at the end as ending. Always danced at 12:00.

§1: Swing Arms R to L, Swing Arms L to R

1,2,3,4 Leaning fwd slightly and bouncing slightly both knees, swing both arms from R to L in a horizontal plane at chest level.

5,6,7,8 Leaning fwd slightly and bouncing slightly both knees, swing both arms now from L back to R in the same horizontal plane also at chest level.

§2: Sway R-L-R-L (With Arm Swing To Respective Side)

1,2,3,4 Sway upper body R (swing R arm to R)(2 counts), sway upper body L (swing L arm to L)

5,6,7,8 Repeat counts 1234 above.

MAIN DANCE (2 Walls, 192 Counts)

§1: ¼ L Stomp-Kick, March x 3, Stomp-Kick, March (R Arm Swing C/W)

1,2,3,4 ¼ L Stomp R in place as you kick L fwd, march in place L-R-L [9:00]

5,6,7,8 Stomp R in place as you kick L fwd, march in place L-R-L

Arms: Swing R arm in a circular motion moving c/w in a vertical plane by the side R. You should swing 1 circle over 4 counts. Hence, 2 circles over 8 counts. End with R hand vertically up above head.

§2: Knee Bounce Drawing R Arm Down, Back Slide to Press and Pose!

1,2,3,4 Bounce slightly both knees draw R arm down in a vertical plane now in c-c/w circular motion on side R, ending at waist level. You should have cover slightly less than ½ a circle.

5,6,7,8 Slide R toes back gradually as you press onto L. End with R leg straightened behind. Continue to draw R hand back in the same circular motion until it's straighten behind and is now parallel to the R leg behind. Look back over R shoulder as well.

§3: ½ R Stomp-Kick, March x 3, Stomp-Kick, March (L Arm Swing C-C/W)

1,2,3,4 ½ R Stomp R in place as you kick L fwd, march in place L-R-L [3:00]

5,6,7,8 Stomp R in place as you kick L fwd, march in place L-R-L

Arms: Swing L arm in a circular motion moving c-c/w in a vertical plane by the side L. You should swing 1 circle over 4 counts. Hence, 2 circles over 8 counts. End with L hand vertically up above head.

§4: Knee Bounce Drawing L Arm Down, Back Slide to Press and Pose!

1,2,3,4 Bounce slightly both knees draw L arm down in a vertical plane now in c/w circular motion on side L, ending at waist level. You should have cover slightly less than ½ a circle.

5,6,7,8 Slide L toes back gradually as you press onto R. End with L leg straightened behind. Continue to draw L hand back in the same circular motion until it's straighten behind and is now parallel to the L leg behind. Look back over L shoulder as well.

§5+6: ¼ L Touch R Fwd And Bounce Heels Rotate Arms In Circular Motoin In Front [1-8] ¼ L Touch L toes fwd and bounce L heel on every beat of music.

Arms:

- 1,2,3,4 Start with L hand above R hand, rotate both arms in a c-c/w motion so that it ends with R hand above L. This move is like steering a big wheel to make a turn L.
- 5,6,7,8 Now rotate both arms in a c/w motion so that it ends with L hand above R again. This move is like steering the wheel now to turn R.

[9-16] Repeat arm moves 1-8 above.

§7+8: [Side, Hop Full R, Side, Close, Side, Close Touch] x 2

- 1,2,3,4 Step R slightly to R, hop on R thrice (with L hitch beside) to make a full R turn. [12:00]
- 5,6,7,8 Step L to L kicking R slightly to R, Close R beside L kicking L slightly L to L, step L to L kicking R slightly to R, touch R beside L

Arm: Place both arms close by each side palms at hip level palms facing down like a little penguin throughout these 8 counts.

[9-16] Repeat counts 1-8 above.

§9: ¼ R Stomp, Hold, Scuff, Stomp, Hold, Scuff, Hold

- 1,2,3,4 ¼ R Stomp R fwd, Hold, High scuff L fwd, Hold [3:00]
- 5,6,7,8 Stomp L beside R, Hold, High scuff R fwd, Hold

Arms:

- 1,2 Swing both arms fwd by each sides in a vertical plane to end at chest level
- 3,4 Swing both arms back by the L side. Like rolling a boat by on the L side
- 5,6 Swing both arms fwd by the sides in a vertical plane to end at chest level
- 7,8 Swing both arms back by the R side. Like rolling a boat by on the R side

§10: Close And Knee Bows x 4

- 1,2 Close R beside L as you bow both knees fwd, Recover by straightening both knees and pushing your butt out
- 3,4,5,6,7,8 Repeat the knee bows above thrice.

Arms: Place each hands on each thigh.

§11+12: ½ L Stomp, Hold, Scuff, Stomp, Hold, Scuff, Hold, Close Knee Bows x 4

- 1-8 Now turn ½ L and repeat the stomp scuff as in §9. [9:00]

- 9-16 Repeat Knee Bows in §10.

§13+14: ¼ R Fwd, Drag, Fwd Drag, Back Drag, Back Drag

- 1,2,3,4 ¼ R Long step R fwd with body angle to L diag., drag L toes towards R over 3 counts. End with L touch beside R body squaring off to 12:00.
- 5,6,7,8 Long step L fwd with body angle to R diag., drag R toes towards L over 3 counts. End with R touch beside L body squaring off to 12:00.
- 9-12 Long step R back with body angle to R diag., drag L toes towards R over 3 counts. End with L touch beside R body squaring off to 12:00.
- 13-16 Long step L back with body angle to L diag., drag R toes towards L over 3 counts. End with L touch slightly behind R body squaring off to 12:00.

Arms: Regardless of step-drag fwd or back, whenever you step R drag L, you will swing R back in a vertical plane by side R moving c/w. It's like swimming a back stroke with R arm. Likewise, when step L drag R, you will swim the back stroke now with L hand.

§15+16: Side, Kick Aerial Ronde to Hitch Figure '4' Behind, Full L Triple Step, Hold, Side, Kick Aerial Ronde to Hitch Figure '4' Behind, Full L Triple Step, Close

- 1,2,3,4 Step R slightly to R, Kick L across R and start to sweep L in the air from front to back. End the ronde with L hitch in a figure '4' behind R.

Arms: Swing both arms in a horizontal plane above head in a c-c/w circular motion. This arm swing should move along in the same direction and notion and in parallel plane as the L leg ronde

- 5,6,7,8 Full L triple step turn on the spot on L-R-L, Hold

[9-16] Repeat counts 1-7 above, close R beside L on count 8.

§17+18: Side, Hold, Close, Hold, Side, Close, Side, Hold, Close, Hold, Side Hold, Close, Side, Close Touch, Hold

1,2,3,4 Step L to L, Hold, Step R beside L, Hold,
5,6,7,8 Step L to L, Step R beside L, Step L to L, Hold

9-12 Step R beside L, Hold, Step L to L, Hold

13-16 Step R beside L, Step L to L, Touch R beside L, Hold

Arms: When you step L to L, swing R arm in to in front of chest meanwhile swinging arm out L to L.

Likewise, when you step or touch R beside L, you will do the otherwise by swing L arm in to in front of chest meanwhile swinging arm out R to R.

§19: ¼ R Walk, Hold, Walk, hold, ¼ L Long Step, Hold, Drag and Close

1,2,3,4 ¼ R walk R fwd, Hold, Walk L fwd, Hold [3:00]

5,6,7,8 ¼ L Long step R to R, Hold, Drag L towards R to step down beside R (2 counts) [12:00]

Arms: When you walk R fwd, hold on counts 1-2, you will swing R back in a vertical plane by side R moving c/w.

It's like swimming a back stroke with R arm. Likewise, when walk L fwd on counts 3-4, Hold, you will swim the back stroke now with L hand.

Throw R hand up vertically above head to end R diag. up when you long step R to R on counts 5-6. Drop R arm when you drag and close on counts 7-8.

§20: Out-in-Out, Hold, Full R Turn Over 2 Steps, Behind touch, Hold

1,2,3,4 Touch R toes out to R, touch R toes beside L, touch R toes Out to R, Hold

5,6,7,8 Full R turn on the spot on R-L, touch R behind L dipping down slightly [12:00]

Arms:

1,2,3,4 Push both arms up to R diag. up, pull both arms down to end in front of chest, push both arms down to R diag. down, Hold. Both palms should be facing fwd throughout these moves.

5,6 Throw both arms up as you full turn on R-L

7,8 Spread both arms by each side palms facing fwd as you touch R behind L and hold

§21+22+23+24: Repeat §17+18+19+20.

Note:-

(1) You will end §20 with R touch behind L. To start off §21 with L foot, you will have to take weight quickly on R on count 1 at the same time pushing off to step L to L.

(2) You will need to change the full R turn in counts 5-6 in §24 to only ½ R so that you will change wall to the opposite wall. Hence, wall 1 will end at 6:00 and wall 2 will end at 12:00.

Repeat! Enjoy It!

Modification in Wall 3:

Wall 3 will start at 12:00. During this wall, you will need to change the ½ R turn in §24 back to a full R so that wall 3 ends back at 12:00. Then do the tag twice facing 12:00 to finish dance!

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