

Baby Rocks

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Jim Ray (USA) & Tina Ray (USA) - March 2012
音乐: Baby Likes to Rock It - The Tractors



Start dancing on lyrics - Hold eight beats after music starts

KICK, KICK, STEP RIGHT, LEFT, RIGHT IN PLACE

- 1 Weight on left foot, kick right foot out front
- 2 Kick right foot out front
- 3 Step right foot in place
- & Step left foot in place
- 4 Step right foot in place and set weight on right foot

STEP LEFT FOOT FORWARD, PIVOT A ½ TURN TO THE RIGHT

- 5 Step left foot forward and set weight on left foot
- 6 Pivot a ½ turn to the right, right shoulder back and set weight on right foot
- 7 Step left foot forward and set weight on left foot
- 8 Pivot a ½ turn to the right and set weight on right foot

STEP, SIDE TOGETHER SIDE TO THE LEFT

- 1 Step left foot to the left, keep facing forward
- & Step right foot to left foot, together
- 2 Step left foot to the left and set weight, on left foot, still facing forward
- 3 Pivot a ¾ turn to the right, on the ball of your left foot

RIGHT SHOULDER BACK AND STEP ON RIGHT FOOT

- 4 Step forward with left foot and set weight left

SHUFFLE FORWARD

- 5&6 Shuffle forward, right, left, right and set weight on right
- 7 Step left foot forward and set weight on left foot
- 8 Pivot a ½ turn to the right, right shoulder back and set weight on right foot

CHARLESTON STEP

- 1 Step forward with left foot and set weight on left foot
- 2 Tap right heel out front
- 3 Tap right toe out back
- 4 Step right foot forward and set weight on right foot
- 5 Kick left foot forward
- 6 Step left foot back behind right foot and set weight on left foot
- 7 Tap right toe out back
- 8 Step right foot forward and set weight on right foot

KICK LEFT FOOT FORWARD, & TURN A ¾ TURN TO LEFT

- 1 Kick left foot forward
- 2&3 Turn a ¾ turn to the left, left shoulder back, stepping left, right, left ending weight on left foot
- 4 Step right foot to the right a small step, and roll right hip to the right, (do not move forward)
- 5 Roll left hip to the left, and shift weight to left foot

SHUFFLE FORWARD

- 6&7 Shuffle forward, right, left, right, set weight on right foot

8 Stomp left foot, together and set weight left

REPEAT

Choreographer Contact Information : Jim Ray | EMail: dancinjim@aol.com |
