As Good As I Once Was



编舞者: Jim Ray (USA) - March 2012

音乐: As Good As I Once Was - Toby Keith



Hold 16 - Start

ROCK STEP, SHUFFLE TURN 1/2, ROCK STEP, SHUFFLE A 1/2

Step Right Foot Forward (Rock)
Shift Wt. Back To Left Foot (Step)

3 & 4 Turn A 1/2 Turn To The Right Stepping Right, Left, Right Moving Forward

5 . Step Left Foot Forward (Rock)6 . Shift Wt. Back To Right Foot (Step)

7 & 8 Turn A 1/2 Turn To The Left Stepping Left, Right, Left Moving Forward

RIGHT GRAPEVINE WITH A LEFT TAP

Step Right Foot To The Right
Step Left Foot Behind Right
Step Right Foot To The Right
Tap Left Toe Next To Right Foot

TRAVELING LEFT MAKE A LEFT 1 AND A 1/2 TURN, LEFT, RIGHT, LEFT, TAP RIGHT

5 6 7 Traveling Left, Make A Left 1 and 1/2 Turn, Stepping Left, Right, Left

8 . Tap Right Toe Next To Left (Facing Back Wall now 6:00)

HIP BUMPS TWO TO THE RIGHT, TWO LEFT, RIGHT, LEFT, RIGHT, LEFT

1, 2 Hip Bumps Two To The Right3, 4 Hip Bumps Two To The Left

Hip Bump Right
Hip Bump Left
Hip Bump Right
Hip Bump Left

SHUFFLE FORWARD

1 & 2 Shuffle Forward Right, Left, Right

ONE FULL TURN, PADDLE TURNS, STEP A 1/3, STEP A 1/3, STEP A 1/3 TAP

3 . Step Left Foot Forward

4 . Pivot A 1/3 Of A Turn On Left Foot And Set Wt. On Right

5 . Step Left Foot Forward

6 . Pivot A 1/3 Of A Turn On Left Foot And Set Wt. On Right

7 . Step Left Foot Forward

8 . Pivot A 1/3 Of A Turn On Left Foot And Tap Right Together

(FACING BACK WALL NOW 6:00)

(START OVER)