

As Good As I Once Was

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Jim Ray (USA) - March 2012
音乐: As Good As I Once Was - Toby Keith



Hold 16 - Start

ROCK STEP, SHUFFLE TURN 1/2, ROCK STEP, SHUFFLE A 1/2

- 1 . Step Right Foot Forward (Rock)
- 2 . Shift Wt. Back To Left Foot (Step)
- 3 & 4 Turn A 1/2 Turn To The Right Stepping Right, Left, Right Moving Forward
- 5 . Step Left Foot Forward (Rock)
- 6 . Shift Wt. Back To Right Foot (Step)
- 7 & 8 Turn A 1/2 Turn To The Left Stepping Left, Right, Left Moving Forward

RIGHT GRAPEVINE WITH A LEFT TAP

- 1 . Step Right Foot To The Right
- 2 . Step Left Foot Behind Right
- 3 . Step Right Foot To The Right
- 4 . Tap Left Toe Next To Right Foot

TRAVELING LEFT MAKE A LEFT 1 AND A 1/2 TURN, LEFT, RIGHT, LEFT, TAP RIGHT

- 5 6 7 Traveling Left, Make A Left 1 and 1/2 Turn, Stepping Left, Right, Left
- 8 . Tap Right Toe Next To Left (Facing Back Wall now 6:00)

HIP BUMPS TWO TO THE RIGHT, TWO LEFT, RIGHT, LEFT, RIGHT, LEFT

- 1, 2 Hip Bumps Two To The Right
- 3, 4 Hip Bumps Two To The Left
- 5 . Hip Bump Right
- 6 . Hip Bump Left
- 7 . Hip Bump Right
- 8 . Hip Bump Left

SHUFFLE FORWARD

- 1 & 2 Shuffle Forward Right, Left, Right

ONE FULL TURN, PADDLE TURNS, STEP A 1/3, STEP A 1/3, STEP A 1/3 TAP

- 3 . Step Left Foot Forward
- 4 . Pivot A 1/3 Of A Turn On Left Foot And Set Wt. On Right
- 5 . Step Left Foot Forward
- 6 . Pivot A 1/3 Of A Turn On Left Foot And Set Wt. On Right
- 7 . Step Left Foot Forward
- 8 . Pivot A 1/3 Of A Turn On Left Foot And Tap Right Together

(FACING BACK WALL NOW 6:00)

(START OVER)