My Kind of Love



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Mark Furnell (UK) - February 2012

音乐: My Kind of Love - Emeli Sandé: (Album: Our Version Of Events)



Step, Mambo ½ Turn, ¼ turn cross, Step ¼ Cross, Step ¼ turn, Step ½ Turn.

1	Step fwd on Rt

2-3 Rock fwd on Lt, Replace Rt, Step fwd Lt making ½ turn Lt
4&5 Step fwd on Rt, Pivot ¼ turn Lt on Lt, Cross Rt over Lt
6&7 Rock side on Lt, Replace on Rt, Cross Lt over Rt

8& Step Rt to Rt making ¼ turn Lt, Step Lt to Lt making ¼ turn Lt

Cross rock, Side rock, Back rock, Chasse, Rock Step 1/4 Turn, 1/2 turn Step.

1& Cross Rock Rt over Lt, Replace Lt
2& Rock Rt to Rt side, Replace Lt
3& Rock Rt Back, Replace Lt

4&5 Step Rt to Rt, Close Lt to Rt, Step Rt to Rt

6&7 Cross rock Lt over Rt, Replace Rt, Step Lt to Lt making ¼ turn

8 Step back on Rt, making ½ turn Lt

Coaster Step, Whole Turn, Mambo Step, Sweep, Step, Sweep, Step

1&2 Step back Lt. Close Rt to Lt, Step Fwd Lt

3 – 4 Step fwd Rt making ½ turn Lt, Step fwd Lt making ½ turn Lt

Rock fwd on Rt, Replace on Lt, Step back on Rt and sweep Lt out to Lt side.
Step down on Lt and sweep Rt out to Rt side and behind Lt, Step down on Rt.

Coaster step, Kick Turn Point, Turn, Turn ,Sweep Turn, Sailor Step.

1&2 Step back Lt, Close Rt to Lt, Step fwd Lt

3 &4 Kick Rt Fwd, Step down on Rt making ¼ turn left and Point Lt toe to Lt side.

5-6 Step Lt to Lt making 1/4 turn Lt, Step back on Rt making 1/2 turn Lt and sweep Lt out to Lt Side

making ¼ turn Lt

7&8 Step Lt behind Rt, Step Rt to Rt, Step Lt to Lt

Happy Dancing

I had great problem adding the video to YOUTUBE.

So please go onto my facebook profile to find the video for this dance.