You Are My Shepherd



拍数: 32 编数: 2 级数: Intermediate

编舞者: Sandy Kerrigan (AUS) - March 2012

音乐: You Are My Shepherd - Tricia: (Single)



Side Rock, Rep, Back Cross, Weave Side, Step Side, Cross Rock, Rep, Turn 1/4 Side, Cross Rock, Rep

1, 2 & 3 & 4 Rock R to R Side, Replace to L, Step R Behind L, Cross L over R, Step R to R, L Behind R***

& 5, 6 & Step R to R Side, Cross Rock L over R, Replace to L, Turn 1/4 L-Stepping L to L Side

7, 8 Cross Rock R over L, Replace Back to L 9:00

Side Ball Cross, ¼ Back, Rock Back, Rep, ½ Turn Back, Rock Back, Rock Fwd, ¼ Out, Out, Back, Cross Rock, Rep, Back Out, Out, Together

& 1 &	Step Ball of R to R Side, Cross L over R, Turn ¼ L-Stepping Back on R 6:00	
2, 3 & 4	Rock Back L, Replace Fwd to R, Turning ½ R-Step Back on L, Rock Back on R****	
5 & 6 &	Rock Fwd onto L, Turning 1/4 L- Out R to R Side, Out L to L Side, Step R Back to Center 9:00	
7 & 8 &	Cross Rock L over R, Step Ball Of R Back to R side (out), Step L to L Side, Step R next to L	
(Counts 5 and onwards in this section travels backwards)		

Step Fwd, Step Side, Together, Rock Fwd, Rep, ½ R Fwd, Rock Fwd, Rep, ½ L Fwd, ½ L Step Back, Back 1, 2 & 3, 4 & Step Fwd L, Step R to R, Step L next to R, Rock Fwd R, Replace Back to L, ½ R Fwd R 3:00 5, 6 & 7, 8 Rock Fwd L, Replace back to R, ½ L Step Fwd L 9:00, ½ L Step back on R, Step Back L 3:00 (on the Fwd L-drag R towards L)

Back Rock, Rep with ¼ Turn, Weave R with ¼ turn R, ½ R Back, ½ R Fwd, Push Back, Hook, ¼ R Out, Point Side, Behind, Side, Cross

& 1 &	Rock Back R, Replace Fwd to L Turning to 1:00, Step R to R Side-now facing 12:00
2 & 3, 4	Cross L Behind R, 1/ 4 Step Fwd R 3:00, ½ R Step Back L, ½ R Step Fwd R,
& 5 & 6	Push Back onto L, Hook R over L, Turn ¼ R- Swing R out to R Side-Step R to R, Point L Side
7 & 8 [32]	Step L Back Behind R, Step R to R, Cross L over R 6:00

Wall 3: At this marker***facing 12:00 dance first 4 counts of wall 3 and Restart facing 12:00 (wall 4)

Wall 7: At this marker****facing 6:00 Add on a 2 count tag and restart facing 12:00 Tag for wall 7

1 & 2 Rock Fwd onto L, Turning ½ L-Step back on R, Rock Back on L to 12:00

This dance is dedicated to my mother Elizabeth! You are the one who gives me the strength and courage to continue on!