

Mister Boogie

拍数: 48 墙数: 4 级数: Improver
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - February 2012
音乐: Jive, Mr. Boogie - Mitch Woods & His Rocket 88s



Start after 64 count intro – [166bpm – 3:36mins]

[1-8] R cross step, L kick, L behind, R side, L cross step, R kick, R behind, L side

- 1-4 Cross step R over L, kick L on left diagonal, cross step L behind R, step R side
- 5-8 Cross step L over R, kick R on right diagonal, cross step R behind L, step L side

[9-16] ¼ R toe strut jazz box cross

- 1-2 Cross touch R over L, step R heel down
- 3-4 Turning ¼ right touch L down, step L heel down (3 o'clock)
- 5-8 Touch R side, step R heel down, cross touch L over R, step L heel down

[17-24] R side together, heel split, L side together, heel split

- 1-2 Step R side, step L together (clap as you step together)
 - 3-4 Split heels apart, bring heels together. Weight ends on R
- Bring arms out with heels, it will happen automatically, like the funky chicken!**
- 5-6 Step L side, step R together (clap as you step together)
 - 7-8 Split heels apart, bring heels together. Weight ends on L
- Bring arms out with heels, it will happen automatically, like the funky chicken!**

[25-32] Vine R 3 with ¼ R, hold/scuff, L fwd, ½ R pivot turn, L fwd, hold

- 1-4 Step R side, cross step L behind R, turning ¼ step R forward, hold (or scuff L fwd) (6 o'clock)
- 5-8 Step L forward, pivot ½ right, step L forward, hold (12 o'clock)

[33-40] Walk fwd 3, kick L fwd, L back rock/recover, L side rock/recover

- 1-4 Boogie walk forward R, L, R, kick L fwd
- 5-8 Rock L back, recover weight on R, rock L side, recover weight on R

[41-48] L cross step, hold, ¼ R hinge turn, R cross rock/recover, R back rock/recover on R back diagonal

- 1-2 Cross step L over R, hold
- 3-4 Step R side, turning ¼ left step L side (9 o'clock)
- 5-6 Cross rock R over L, recover weight on L
- 7-8 On right back diagonal rock R back, recover weight on L

Wall 10 Ending: During wall 10 the music will slow. After 40 counts you will be facing L side wall.

Now dance the following to slower beat (approx. ½ the speed of before):

- 1-4 Cross L over R, hold, sway R, sway L (weight ends on L)

On the vocals dance the first steps of the dance but at slower tempo

- 1-4 Cross step R over L, kick L on left diagonal, cross step L behind R, step R side
- 5-8 Cross step L over R, kick R on right diagonal, cross step R behind L, step L side

- 1-2 Cross touch R over L, step R heel down
- 3-4 Turning ¼ right touch L down, step L heel down (12 o'clock)
- 5-6 Step R forward, step L forward as he sings 'Whoa'
- 7-8 Tap R toe behind L as he sings 'Yeah', hold and strike a pose (optional jazz hands!)