

La Llama Cha Cha

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 1 级数: Phrased Advanced Beginner
编舞者: Patrick Latendresse (CAN) - February 2012
音乐: La Llama - Chris Ice : (CD: The Best of Explosion Latin Pop El Major Latin Pop)



Order parts: ABCD-ABCD-E-DA

A: SIDE ROCK STEP RIGHT, TRIPPLE STEPS, SIDE ROCK STEP LEFT, TRIPPLE STEPS

1-2 Step right to side, recover weight left
3&4 Step right beside left, step left beside right (&), step right beside left
5-6 Step left to side, recover weight on right
7&8 Step left beside right, step right beside left (&), step left beside right

Repeat A part 3 more times

B: CROSS ROCK, SIDE SHUFFLE, CROSS ROCK SIDE SHUFFLE

1-2 Cross right over left, recover weight left
3&4 Step right to side, slide left beside right (&), step right to side
5-6 Cross left over right, recover weight on right
7&8 Step left to side, slide right beside left (&), step left to side

Repeat B part 3 more times

Optional: part 3&4-5-6-7&8. You could do a complete turn right. $\frac{1}{4}$ turn right with right foot on the count of 4. Step forward left, pivot $\frac{1}{2}$ turn right weight on right. Side shuffle with $\frac{1}{4}$ turn right to be facing back the original wall.

C: BACKWARD ROCK STEP, SHUFFLE FORWARD, FORWARD ROCK STEP. BACKWARD SHUFFLE

1-2 Step right backward, recover weight on left
3&4 Step right forward, slide left beside right (&), step right forward
5-6 Step forward left, recover weight on right
7&8 Step left backward, slide right beside left (&), step left backward

Repeat C part 3 more times

Optional: part 5-6-7&8. You could do a complete turn right. Step forward left, pivot $\frac{1}{2}$ turn right, forward shuffle while finishing turning $\frac{1}{2}$ turn right than back to original wall.

D: SIDE ROCK STEP, CROSS SHUFFLE, SIDE ROCK STEPS, CROSS SHUFFLE

1-2 Side step right, recover weight on left
3&4 Cross right over left, slide left to side (&), keeping crossing right over left
5-6 Side step left, recover weight on right
7&8 Cross left over right, slide right to side (&), keeping crossing left over right

Repeat that part 1 more time

SIDE ROCK STEP, DIAGONAL FORWARD CROSS SHUFFLE

1-2 Side step right, recover weight on left
3&4 Cross right over left, slide left beside right (&), keeping crossing right over left
(While crossing shuffle you should go in diagonal forward)
5-6 Step left to side, recover weight on right
7&8 Cross left over right, slide right beside left (&), keeping crossing left over right
(While crossing shuffle you should go in diagonal forward)

SIDE ROCK STEP, TRIPPLE STEPS

1-2 Step right to side, recover weight left
3&4 Step right beside left, step left beside right (&), step right beside left
5-6 Step left to side, recover weight on right
7&8 Step left beside right, step right beside left (&), step left beside right

Repeat that part 1 more time

STEP BACKWARD (2 x), DIAGONAL BACKWARD CROSS SHUFFLE

- 1-2 Step backward right, step backward left
3&4 Cross right over left, slide left beside right (&), keeping crossing right over left
(While crossing shuffle you should go in diagonal backward left)
5-6 Step backward left, step right backward
7&8 Cross left over right, slide right beside left (&), keeping crossing left over right
(While crossing shuffle you should go in diagonal backward right)

SIDE ROCK STEP, CROSS SHUFFLE, SIDE ROCK STEPS, CROSS SHUFFLE

- 1-2 Side step right, recover weight on left
3&4 Cross right over left, slide left to side (&), keeping crossing right over left
5-6 Side step left, recover weight on right
7&8 Cross left over right, slide right to side (&), keeping crossing left over right

Repeat that part 1 more time

DANCE ABCD PARTS AGAIN

SIDE STEP, SLIDE, SIDE STEP, TOUCH

E: CLAP HANDS AND STAY ON PLACE (1&2&3&4&5&6&7&8&)

Repeat that part 3 more times

SIDE STEP, SLIDE, SIDE STEP, TOUCH

- 1-2 Side step right, slide left beside right
3-4 Side step right, touch left beside right
5-6 Side step left, slide right beside left
7-8 Side step left, touch right beside left

Optional: You could do a complete left turn 5-6-7-8 counts.

Repeat that part 3 more times

DANCE DA PARTS AGAIN
