

Old Hag

COPPERKNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner - Polka
编舞者: Joe Barker (USA) & Penny Barker (USA) - February 2012
音乐: Tell Me Ma - Sham Rock



Alt. Music:-

Old Hag by the Corrs,
Clarinet Polka by Lawrence Welk,
Any Irish, Polka or Bluegrass music

Hold - 32 Counts

KICK TWICE, RIGHT SIDE STOMP, KICK TWICE, LEFT SIDE STOMP

1-2 Kick right foot in front twice
3&4 Right side stomps slightly to the side (stomp side, together, stomp side)
5-6 Kick left foot in front twice
7&8 Left side stomp slightly to the side (stomp side, together, stomp side)

HIPS BUMPS & SWIVELS

1&2 Step right foot forward diagonally bumping hips forward twice
3&4 Shift weight to left foot bumping hips back twice
5-6 Swivel heels in, out
7&8 Swivel heels in, out in

WALK, WALK, KICK FORWARD, MULE KICK BACK, TURN AND TOUCH, CROSS AND TOUCH

1-2 Walk right forward, Walk left forward
3-4 Kick right foot forward, Kick right foot directly back (Mule Kick)
5-8 Step forward on right turning $\frac{1}{4}$ to right, touch left toe to the left, cross left foot over right foot, touch right toe to the side

Easier Version 1 thru 4: Walk right forward, Walk left forward Touch right heel forward, Touch right toe in back

JAZZ BOX AND TOUCHES

1-4 Cross right foot over left, step left back, step right to the side, stomp left together
5-8 Touch right heel in front & step right foot together Touch left heel in front & step left foot together

REPEAT

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