

# Chills Me To The Bone

COPPERKNOB  
BY SHEETS

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Dom Yates (UK) - February 2012  
音乐: Alone Again (feat. Jump Smokers) (UK Radio Edit) - Alyssa Reid : (CD: Alone Again)



## 32 Count Intro (Just After The Vocals "This One's For You Girl")

### [1-8] : Step, Forward Rock, Side Rock, Back Sweep, Weave, Sway, Together

1,2&      Step forward on right, rock forward on left, recover on to right  
3&4      Rock left to side, recover on to right, cross left behind right, sweeping right foot around from front to back  
5&6      Cross right behind left, step left to side, cross right over left  
7-8&      Step left to side swaying to left, sway right, step left next to right

**\*\*Restart Here Wall 8\*\***

### [9-16] : Nightclub Basic Right, Left, Pivot ½ Turn, Sweep ½ Turn, Cross Rock

1,2&      Step right to side, rock back on left, recover on to right  
3,4&      Step left to side, rock back on right, recover on to left  
5,6,7      Step forward on right, pivot ½ turn left, make ½ turn left sweeping right foot around  
8&      Rock right across left, recover on to left

**\*\* Restart Here Walls 2 & 5\*\***

### [17-24] : Side, Weave ¼ Turn, Walk Left, Right, Rocking Chair, Full Spiral

1,2&      Step right to side, cross left behind right, make ¼ turn right stepping forward on right  
3,4      Walk forward on left, walk forward on right  
5&6&      Rock forward on left, recover on to right, rock back on left, recover on to right  
7,8      Step forward on left, full spiral turn to right (weight on left)

### [25-32] : Step, Pivot ¼ Turn, Syncopated Weave, Cross Rock Side, Back Rock, Lock Step

1,2&      Step forward on right, step forward on left, pivot ¼ turn to right  
3&4&      Cross left over right, step right to side, cross left behind right, step right to side  
5&6      Rock left across right, recover on to right, step left to side  
7&8&      Rock back on right, recover on to left, step forward on right, lock left behind right

**(Last count of lock step is first count of dance, step forward on right)**

## Start Again

**\*\* Walls 2 & 5: Restart/Tag \*\***

Restart happens after 16 counts of the dance, however, to make it fit we change the last count to a touch (8) instead of the cross rock (8&). Counts 12-16 will look as follows:

5,6,7      Step forward on right, pivot ½ turn left, make ½ turn left sweeping right foot around  
8      Touch right next to left

**Start again stepping forward on right**

**\*\* Wall 8: Restart \*\***

On wall 8 dance the first 8& counts (up to the sway and step together) then instead of stepping to the right side, start again stepping the right forward.