

So Hot

拍数: 64 墙数: 4 级数: Intermediate - Freestyle
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音乐: So Hot - Wonder Girls



Intro : 64 count, start on vocals. Use the 8 bars to do something sexy ?

[1/8] REACH, POINT, STEP, LOOK L, LOOK R, HOLD, SHOULDER X 2

- 1,2 Step RF to R while reaching up with RH, point LF across behind R & throw RH down towards floor & look down
- 3,4 Step LF to L, look L & drop L shoulder
- 5,6 Swing head to look to R diagonal, hold
- 7,8 Shrug R should back twice

[2/8] SLOW WALK X 2, MONTERAY, REACH

- 1-4 Step RF f/wd to R diag, tap LF close, step LF f/wd, tap RF close [2:00]
- 5-8 (Face 12:00) Point RF to R while reaching RH f/wd, full spin turn R (finish with feet closed), point LF to L, reach LH up & look up

[3/8] ROTATE BODY, SIT, WIGGLY SIDE STEPS ??

- 1-4 (Weight on RF) Use LH & L hip to rotate body open, finish in a sit on RF
- 5,6 Step LF to L, tap RF close (while shimmying body)
- 7,8 Step RF to R, tap LF close (while shimmying body)

[4/8] SIDE, SWIVEL, OPEN, FLICK, HOLD, SHOULDER R-L

- 1 Step LF to L
- 2-4 Swivel R knee in (weight on both feet), swivel R knee open (put weight onto LF & finish in a R diagonal direction), flick RF to the side [2:00]
- 5,6 Stand tall & point RF to R diagonal (hand on hips), hold
- 7,8 Roll R shoulder back, roll L shoulder back

[5/8] SLOW BODY WAVE DOWN, FAST BODY WAVE UP, TOE SWITCHES

- 1-4 Execute a slow body wave down from chest to hips finishing in a sitting position **(while doing this, bring both hand up the side of your body & finish with both hands thrown up)**
- 5,6 Execute a quick body wave up while bringing both hands down behind your head
- 7&8 (Face 12:00) Point RF to R, close RF, point LF to L

[6/8] HITCH, POINT, TOE SWITCH, CLOSE, CHIN, HOLD, CHEST X 2

- 1,2 Hitch L knee, point LF to L
- &3,4 Close LF, point RF to R, drag R toe close (weight still on LF) [11:00]
- 5,6 Raise chin (be sassy here now), hold
- 7,8 Pop chest f/wd twice

[7/8] STEP, TAP, PULL, SWEEP, CROSS, HIP, CROSS, HIP

- &1,2 (Still facing 11:00) Step RF f/wd, tap LF behind R, large step back on LF while dragging R heel with you
- 3,4 Step f/wd onto RF while dragging L toe in a sweep from back to front (finish facing 12:00)
- 5,6 Step LF across R, point RF to R & bump hip (point your RH up on the bump)
- 7,8 Step RF across L, point LF to L & bump hip (point your LH f/wd on the bump)

[8/8] DO THE MARILYN MONROE (Make it sexy)

- 1-4 Draw your LF towards your R while running your LH up your L leg. Leave your RH on your hip (remember to raise your chin as you do this to give it the full MM effect)

5,6 Stand up & step LF to L, flick head to the L
7,8 1/4 turn R & step RF f/wd [3:00], step LF f/wd

START AGAIN & HAVE A SEXY FUN TIME
