

Farm Yard Dance

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Lindy Bowers (USA) - February 2012
音乐: Farm Song (Dance Mix) - Hank Williams, Jr.



Alt. music:-

Stuck Like Glue by Sugarland [CD: Stuck Like Glue - Single]

Dance starts 16 counts in - on lyrics

HEEL, HOOK, HEEL, FLICK, TRIPLE FORWARD, HOLD

- 1-4 Touch right heel forward, hook right in front of left (option: slap with left hand), touch right heel forward, flick (option: slap with right hand)
5-8 Triple step forward right, left, right, hold

HEEL, HOOK, HEEL, FLICK, TRIPLE FORWARD, HOLD

- 1-4 Touch left heel forward, hook left in front of right (option: slap with right hand), touch left heel forward, flick (option: slap with left hand)
5-8 Triple step forward left, right, left, hold

TOE STRUT, STOMP, CLAP, HEELS, TOES, HEELS, TOES

- 1-4 Step right forward toe, heel, stomp left together, clap
5-8 Moving to the left, move first heels, toes, heels, toes (centering toes forward) (weight to left)

STEP 1/4 TURN, TOUCH, KICK, WALK BACK (BOOGIE IF YOU LIKE)

- 1-2 Step right forward, turn 1/4 left (weight to left)
3-4 Touch right toe next to left, kick right forward
5-8 Walk back right, left, right-left

Make these boogie walks with shoulder shrugs, or as funky as you like

REPEAT
