

Aya

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Beginner
编舞者: John Harvey (DE) - February 2012
音乐: Aya benzer - Mustafa Sandal : (Album: Sikidim - The best of Turkish pop)



32 Count Intro.

SIDE, TOGETHER RIGHT x 2, SIDE, TOGETHER LEFT x 2

1 - 2 Step right to right side, Slide left to right. Shimmy shoulders.
3 - 4 Step right to right side, Slide left to right tip. Shimmy shoulders.
5 - 6 Step left to left side, Slide right to left. Shimmy shoulders.
7 - 8 Step left to left side, Slide right to left. Shimmy shoulders.

PADDLE FULL TURN RIGHT & LEFT

1 - 2 Tip left forward 1/4 turn right, Tip left forward 1/4 turn right.
3 - 4 Tip left forward 1/4 turn right, Tip left forward 1/4 turn right.
5 - 6 Tip right forward 1/4 turn left, Tip right forward 1/4 turn left.
7 - 8 Tip right forward 1/4 turn left, Tip right forward 1/4 turn left.

SHUFFEL FORWARD x 2 FORWARD MAMBO, BACK MAMBO

1&2 Step right forward, Step left next to right, Step right forward.
3&4 Step left forward, Step right next to left, Step left forward.
5&6 Rock forward on right. Rock back on left. Step right back.
7&8 Rock back on left. Rock forward on right. Step left forward.

MODIFIED BOX STEP TURNING 3/4 TO LEFT

1 - 2 Step right to side, tap left next to right
3 - 4 1/4 turn left on right toe stepping left to side, tap right next to left.
5 - 6 1/4 turn left on left toe stepping right to side, tap left next to right.
7 - 8 1/4 turn left on right toe stepping left to side, tap right next to left.

Start Again

Feel free to add any Belly Dance body moves.
