Shake It For Me

拍数: 32 **墙数:** 2 **级数:** Improver
编舞者: Lia Andrus Reau (USA) & Al Dykstra - February 2012
音乐: Country Girl (Shake It for Me) - Luke Bryan

Start On Lyrics, With Right Foot Pointed Out To Right Side

Cross Rock/Recover Point X 2-Sailor Right-Sailor Left

1&2	Cross Rock R Over L- Recover Onto L- Point R To R Side
3&4	Cross Rock R Over L- Recover Onto L- Point R To R Side
5&6	Step R Behind L-Step L To L Side-Step R To R Side
7&8	Step L Behind R-Step R To R Side-Step L To L Side

Grapevine Right-Grapevine Left With ¼ Turn Left

1-2	Step Right To Right-Step Left Behind Right
3-4	Step Right To Right-Touch Left Next To Right
5-6	Step Left To Left-Step Right Behind Left
7-8	Turn ¼ Left Stepping On Left-Touch Right Next To Left

Hip Bumps Diagonal Forward 4x

1-2	Touch Right Diagonal Forward While Bumping Right Hip-Step On Right Diagonal Forward While Bumping Right Hip
3-4	Touch Left Diagonal Forward While Bumping Left Hip-Step On Left Diagonal Forward While Bumping Left Hip
5-6-7-8	Repeat Counts 1-4

Right Lock Back-Left Coaster Step-Triple Forward-Step-Touch Right

1&2	Step Back On Right-Lock Left In Front Of Right-Step Back On Right
3&4	Step Back On Left-Step Back Right Next To Left-Step Forward Left
5&6	Step Forward On Right-Lock Left Behind Right-Step Forward On Right
7-8	Step Forward On Left-Point Right To Right Side