

# Seven Nations

拍数: 32      墙数: 2      级数: Beginner / Improver  
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音乐: Seven Nation Army - Marcus Collins



## Start: On Vocals

### Section 1: RIGHT KICK BALL CROSS X 2 SIDE ROCK WEAVE ¼ TURN

1&2      kick right to right side, step right in place, cross left over right  
3&4      kick right to right side, step right in place, cross left over right  
5-6      rock right to right side, recover onto left,  
7&8      step right behind left, step left to left making ¼ turn, step right next to left

### Section 2: LEFT ROCK RECOVER, LEFT SAILOR, POINT RIGHT AND LEFT , TOUCH HITCH STEP

1-2      rock forward onto left, recover onto right  
3&4      sweep left behind right, step right in to right side, step left to left side  
5&6      point right to right side, step right next to left, point left to left side  
&7      step left in place, point right to right side  
&8      hitch right knee up, and point right to right side

### Section 3: BACK ROCK STEP, X 2 LEFT CROSS ROCK CHASSE LEFT

1&2      rock left behind right, recover onto left, step left to left side  
3&4      rock right behind left, recover onto left, step right to right side  
5-6      cross rock left over right, recover onto right,  
7&8      step left to left side, step right next to left, step left to left side

### Section 4: HEEL SWITCHES, AND HITCHES

1&2      point right heel forward, step right in place, point left heel forward  
&3      step left in place, point right heel forward  
&4      hitch right knee, place right heel forward  
&5      step right in place, point left heel forward  
&6&7      step left in place, point right heel forward, step right in place, point left heel forward  
&8      step left foot in place, touch right next to left

## START AGAIN