

Seattle Sunshine (P)

拍数: 64 墙数: 0 级数: Partner
编舞者: Carol Stayte & George Stayte - February 2012
音乐: Sunny In Seattle - Blake Shelton



Alt. Music: A Week In Juarez by Lonestar (102 bpm)

Position: start facing LOD. Sweetheart Position. Same footwork, except where stated
Start dancing on lyrics

¼ CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

1-2 Step right forward, turn ¼ left, ILOD
3&4 Crossing chassé right, left, right (Release left hands, right hand over lady's head)
5-6 Rock to side on left, recover to right
7&8 Crossing chassé left, right, left

VINE ¼ TURN, ¼, STEP BEHIND, TURN ¼ WALK FORWARD (TWICE)

1-3 Step right to side, cross left behind right, turn ¼ right and step right forward, LOD
4-6 Turn ¼ right and step to side on left, cross right behind left, turn ¼ left and step left forward,
LOD

Release left hands, right over lady's head, rejoin hands over lady's shoulders into Indian Position

7-8 Step right forward, step left forward (Side By Side/Sweetheart)

SHUFFLE FORWARD, TWICE (LADY ½ TURN) SIDE, BEHIND, (CHANGING SIDES) TRIPLE STEP

1&2 Chassé forward right, left, right
3&4 Left shuffle forward, left, right, left, (lady: ½ turn shuffle to the right, RLOD) right shoulder to
right shoulder

Release left hands, keeping right hands low

5-6 Step right to side, cross left behind right, (changing sides, lady traveling in front of man,) left
shoulder to left shoulder

Release right hands, pick up left hands

7&8 Triple in place right, left, right

ROCK STEP, TRIPLE ½ TURN, (TWICE)

1-2 Rock left forward, recover to right
3&4 Triple turn ½ left, left, right, left, (right shoulder to right shoulder) (Release hands, pick up
right hand)
5-6 Rock right forward, recover to left
7&8 Triple turn ½ right, right, left, right, (left shoulder to left shoulder) (Release hands, pick up left
hands)

SIDE BEHIND (LADY ½ TURN CHANGING SIDES) TRIPLE STEP, ROCK STEP, SHUFFLE FORWARD

1-2 MAN: Step to side on left, cross right behind left
1-2 LADY: Turn ¼ left and step left forward, turn ¼ left and step to side on right

Changing sides, lady turning in front of man to man's right side, Lady turning under left hands, rejoin hands
into Sweetheart

3&4 Triple in place, left, right, left, LOD
5-6 Rock right back recover to left
7&8 Chassé forward right, left, right

WALK, WALK, SHUFFLE FORWARD, BOX ¼ TURN, CROSS

1,2,3&4 Walk left forward, right, chassé forward left, right, left
5-8 Cross right over left, step left back, turn ¼ right on right, cross left over right, OLOD (Into
Indian Position)

SIDE ROCK, CROSS SHUFFLE, ¼ TURN, STEP BACK, SHUFFLE BACK

1,2,3&4 Rock right to side, recover to left, crossing chassé right, left, right

5,6, 7&8 Turn ¼ right, stepping left back, step right back, RLOD, left shuffle back, left, right, left

TURN ¼, TOGETHER, ¼ TURN SHUFFLE, WALK, WALK, SHUFFLE FORWARD

1-2 Turn ¼ right on right, slide left together, ILOD (Release left hands, right hands over man's head)

3&4 Turn ¼ right on a right shuffle left, right, left, LOD (Rejoin hands into side by side/sweetheart position)

5,6,7&8 Walk left forward, right, chassé forward left, right, left

Smile and Begin Again

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