

Pink Shoelaces

COPPERKNOB
STEPPERS

拍数: 64 墙数: 4 级数: Intermediate / Advanced
编舞者: Bronya Bishorek (MY) - February 2012
音乐: Pink Shoelaces - Alma Cogan : (Album: Casa Musica 7 - Todo Latino)



Intro : 16 counts from start of music, moves ACW

TOE STRUT BOX STEP

1,2 Tap R toe over LF, and step down on RF
3,4 Tap L toe behind RF, step down on LF
5,6 Tap R toe to R side and step down on RF
7,8 Tap L toe forward and step down on LF

HEEL TAP, TOE TAP, CHICKEN WALK X 3, TAP

1,2 Point R heel forward, hold
3,4 Point R toe back, hold
5-7 On the balls of the feet, swivel hips and walk forward RF, LF, RF
8 Settle all weight down on RF and tap L toe next to RF

FLICKS X 3, STEP, HEEL TAP, STEP, TOE TAP, STEP

1-3 Flick your LF left diagonal, right diagonal (across RF), left diagonal
4 Step LF behind RF (3rd position)
5,6 Point R heel forward, step RF in place
7,8 Point L toe behind R heel, step LF in place

HEEL SWIVELS, FLICK, CROSS STRUT, FLICK, TAP

1-3 Swivel R heel L, R, L
4 Flick R heel to side (optional : you can also flick head to R, playfully)
5,6 Tap R toe across LF, step across on RF
7 .8 Flick LF to left, tap L toe behind RF

CROSS STEPS BACK, LEFT COASTER, FLICKS

1,2 Step LF across & behind RF, point R toe to side
3,4 Step RF across & behind LF, point L toe to side
(Steps 1-4 move you backwards)
5&6 Coaster step L,R,L. Finish with weight forward on LF
7,8 Flick RF forward twice (Option : Flick f/wd on 7, hold on 8)

BALL CHANGE, TAP, HITCH, STEP, FLICK, STEP, HEEL, STEP

&1,2 Step on ball of RF behind LF, step LF slightly forward, point R toe forward
3,4 Hitch R knee, step RF forward
5,6 Flick LF back, step LF in place
7,8 Tap R heel forward, step RF in place

STEP WIDE, HEEL TAPS, HITCH, TAP, STEP, TAP, HOLD

&1 Step LF in place, step RF to right (split weight)
2-4 Tap R heel 3 times
5,6 Hitch L knee, point L toe forward
&7,8 Quickly step LF in place and point R toe to side, hold

FLICKS, BALL CHANGE, STEP, BALL CHANGE, STEP, BALL CHANGE

1-3 Flick RF forward, side, back
&4,5 Step ball of RF behind LF, step LF forward, step RF forward

&6,7 Step ball of LF behind RF, step RF forward, $\frac{1}{4}$ turn L and step LF forward
&8 Step ball of RF behind LF, step LF forward (9:00)

END OF DANCE !

The rhythm of this dance is a jive so keep it nice and light.
