

Blue Jean Swing (P)

拍数: 32 墙数: 0 级数: Beginner ECS Partner
编舞者: Dan Albro (USA) - April 2009
音乐: Whiskey Under the Bridge - Brooks & Dunn
或: many ECS songs



Intro: 16 counts BPM: 140

Starting Position: Closed social position, man facing forward line of dance (FLOD)

[1-6] EAST COAST SWING BASIC

1&2 [Man] Step side L, Step R next to L, step side L
3&4 Step side R, step L next to R, step side R
5,6 Rock back on L, replace weight on R

1&2 [Lady] Step side R, step L next to R, step side R
3&4 Step side L, step R next to L, step side L
5,6 Rock back on R, replace weight on L

[7-12] EAST COAST SWING LADIES UNDERARM ¼ TURN

1&2 [Man] Step side L, step R next to L, step side L
3&4 Turn ¼ left stepping side R (turning lady under left arm), step L next to R, step side R
5,6 Rock back on L, replace weight on R (pick up ladies left hand in your right)

1&2 [Lady] Step side R, step L next to r, turn ¼ right stepping fwd R (traveling toward the center)
3&4 Turn ¼ right stepping side L, step R next to L, turn ¼ right stepping back on L
5,6 Rock back on R, replace weight on L (pick up mans right hand)

[13-16] SIDE STRUTS

1-4 [Man] Touch L toe side, drop L heel, touch R toe side, drop R heel

1-4 [Lady] Touch R toe side, drop R heel, touch L toe side, drop L heel

[17-24] 8 COUNT (TOE, HEEL) STRUTTING WEAVE TRAVELING FLOD

1-4 [Man] Cross L toe over R, drop L heel, touch R toe side, drop R heel
5-8 Touch L toe behind R, drop L heel, touch R toe side, drop R heel

1-4 [Lady] Cross R toe behind L, drop R heel, touch L toe side, drop L heel
5-8 Cross R toe over L, drop R heel, touch L toe side, drop L heel

This 8 count can be done facing each other or with ¼ turns for some extra styling

[25-32] ROCK, REPLACE, 2 SHUFFLES BRINGING LADY HOME, ROCK, REPLACE

1,2 [Man] Rock back on L, replace weight on R (drop right hand & lead lady with left hand)
3&4 Turn ¼ right stepping L next to R, step R next to L, step L next to R
5&6,7,8 Step side R, step L next to R, step side R, rock back L, replace weight on R

1,2 [Lady] Rock back on R, replace weight on L (prepping for ¾ turn left toward outside)
3&4 Turn ¼ left stepping side R, step L next to R, turn ¼ left stepping back on R
5&6,7,8 Turn ¼ left stepping side L, step R next to L, step side L, rock back R, replace weight on L

Pick up mans R hand ladies L hand on count 6, drop on count 8 going into closed social position.