

Sometimes

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Sally Hung (TW) - February 2012
音乐: Sometimes - Britney Spears



Start the dance from 16 counts. No tag. No restart.

SI. KICK-BALL-CHANGE, BIG STEP R & L, ¼ TURN R KICK-BALL-CHANGE X2

- 1&2 Kick-ball-change to L, step R back in place, step L beside R
- 3-4 Make a big half circle stepping R to the R, make a big half circle stepping L to the L
- 5-8 ¼ turn R by kick-ball-change x 2

SII. STEP R TO SIDE, ¼ TURN L STEP, BIG STEP R & L, FWD KICK-BALL-CHANGE X2

- 1-2 Step R to the R, ¼ turn L stepping L in place
- 3-4 Make a big half circle stepping R to the R, make a big half circle stepping L to the L
- 5-8 Fwd kick-ball-change x2

SIII. STEP R TO SIDE, TOUCH R TO THE L, BIG SLIDE TO R SIDE, HOLD, STEP L TO SIDE, TOUCH L TO THE R, BIG SLIDE TO L SIDE, HOLD

- 1-2 Step R to the side, touch R to the L
- 3-4 Slide R to the R side, hold
- 5-6 Step L to the side, touch L to the R
- 7-8 Slide L to the L side, hold

SIV. ¼ TURN L KICK-BALL-CHANGE X2, KICK-STEP-TOUCH X2

- 1-4 ¼ turn L kick-ball-change for 2
- 5&6 Kick R fwd, step R back in place, touch L to the side
- 7&8 Kick L fwd, step L back in place, touch R to the side

SV. BIG STEP FWD, KICK-BALL-CHANGE FWD, POINT R&L, PUSH CHEST FWD

- 1-2 Make a big step fwd with knee slightly bended, touch L beside R
- 3-4 Kick-ball-change fwd
- 5-6 Point R toes over L, point L toes over R
- 7-8 Push chest fwd twice

SVI. ¾ TURN R WITH KICK-BALL-CHANGE 4 TIMES

- 1-8 Kick-ball-change start from fwd pivot R, then every quarter, totally 4 times

SVII. WALK FWD, POINT FWD & BACK, ¾ TURN R, SLIDE, TOUCH

- 1-2 Walk fwd R&L
- 3-4 Point R toes fwd, point R toes back
- 5&6 ¾ turn R with RLR
- 7-8 Make a big slide with R to the side, touch L beside R

SVIII. WALK FWD, POINT FWD & BACK, ¾ TURN L, SLIDE, TOUCH

- 1-2 Walk fwd L&R
- 3-4 Point L toes fwd, point L toes back
- 5&6 ¾ turn R with LRL
- 7-8 Make a big slide with L to the side, touch R beside L

Happy Dancing!!

Contact Sally Hung: hung1125@gmail.com

