

# Mayhem

COPPER KNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Intermediate  
编舞者: Gabrielle Hancock (UK) - January 2011  
音乐: Inside Out (Latin Mix) - Imelda May & Blue Jay Gonzalez : (Single)



(INTRO. ON VOCALS-32 COUNT FROM HEAVY BEAT )

## R HEEL & L TOE & R KICK-BALL-TOUCH & L OUT-IN-OUT-IN-L & CHASSE-TOUCH-

1&2&                      Tap Right Heel Forward-Step Right Beside Left-Tap Left Toes Behind Right-Step Left Beside Right-  
3&4&                      Kick Right-Step Left Beside Right-Touch Left Beside Right-  
5&6&                      Touch Left Toes To Side-Touch Left Beside Right, Repeat-  
7&8&                      Side Step Left-Step Right Beside Left-Side Step Left-Touch Right Beside Left-

## CHASSE QUARTER RIGHT, L STEP-PIVOT HALF-STEP, R MAMBO ROCK FORWARD, L MAMBO ROCK BACK -

9&10                      Side Step Right-Step Left Beside Right-Quarter Turn Right Onto Right.  
11&12                      Step Forward Left-Pivot Half Turn Right Onto Right-Step Forward On Left.  
13&14                      Rock Forward On Right-Recover Left-Step Right Beside Left.  
15&16                      Rock Back On Left-Recover Right-Step Left Beside Right-

## R HITCH- QUARTER LEFT x 2, RIGHT CROSS - BACK LEFT-RIGHT, ROCK BACK-RECOVER-HALF TURN LEFT, RIGHT COASTER.

&17&18                      Hitch Right Knee-Quarter Turn Left Touching R Toes To Side, Repeat  
19&20                      Step Right Over Left-Step Back Left-Step Right To Side Of Left.  
21&22                      Rock Back On Left-Recover Right-Step Back Half Turn Right Onto Left Foot.  
23&24                      Step Back On Right-Step Left Beside Right-Step Forward On Right

## TOE TAPS LEFT - RIGHT & LEFT KICK-BALL-TOUCH, SIDE TOUCHES RIGHT-LEFT & CROSS RIGHT, UNWIND HALF LEFT.

25&26&                      Tap Left Toes Forward-Step Forward Left-Tap Right Toes Forward-Step Forward Right-  
27&28                      Kick Left-Step Left Beside Right-Touch Right Beside Left  
29&30&                      Touch Right To Side-Step Right Beside Left-Touch Left To Side-Step Left Beside Right-  
31,32                      Touch Right Over Left, Unwind Half Turn With Weight Onto Left.