

# Better Than I Know Myself

**COPPER** **KNOB**  
BY STEPHEN

拍数: 48      墙数: 4      级数: Intermediate / Advanced  
编舞者: Baila Baila Zumbido - February 2012  
音乐: Better Than I Know Myself - Adam Lambert



Start on the word "Ice" when Adam sings "Cold As Ice". (11 seconds)

Sequence: 48&, 36&, 48&, 36&, 32&, 32&, 48&

## **SIDE, BEHIND ROCK, REPLACE, SIDE, BEHIND ROCK, REPLACE, ¼ RIGHT, STEP, ½ RIGHT PIVOT, SIDE, ¾ LEFT CROSS**

12&3      Big step right to right, rock left behind right, replace onto right, big step left to left  
4&5      Rock right behind left, replace onto left, ¼ right step right forward  
6&7      Step left forward, turn ½ pivot right, step left forward  
8&1      ½ left step right back, ¼ left step left to left, cross right over left

## **REPLACE, BALL-FRONT, ½ RIGHT PIVOT, FORWARD, ½ LEFT, ¼ LEFT SIDE SHUFFLE, POINT, ½ RIGHT SWEEP, POINT**

2&3      Replace onto left, step right beside left, step left forward  
4&5      Turn ½ pivot right, step left forward, ½ left step right back  
6&7      Turn ¼ left step left to left, step right beside left, step left to left  
8&1      Point right toes beside left, sweep right toes out to turn ½ right to step right behind left, point left toes to left

## **BEHIND ROCK, REPLACE, SIDE, BEHIND SIDE CROSS, REPLACE, ¼ RIGHT, ½ RIGHT, ½ RIGHT SHUFFLE**

2&3&4&      Rock left behind right, replace right, step left to left, cross right behind left, step left to left, cross right over left  
5-6-7      Replace onto left, ¼ right step right forward, ½ right step left back  
8&1      ½ right step right forward, step left beside right, step right forward

## **½ RIGHT, BACK X 3, COASTER STEP, ¼ LEFT, ¼ RIGHT, ¼ RIGHT, BEHIND, ¼ LEFT, ¼ LEFT SIDE**

2&3      ½ right step left back, step right back, step left back  
4&5      Step right back, step left beside right, step right forward  
6&7      Turn ¼ left pivot (weight left), turn ¼ right pivot (weight right), turn ¼ right big step left to left  
8&1      Cross right behind left, ¼ left step left forward, ¼ step right to right

## **FULL LEFT CIRCLE, SWEEP ¾ RIGHT, CROSS, SIDE SHUFFLE**

2&3      Step left fwd, step right beside left, step left forward (These steps will cover a small ½ left circle)  
4&5      Step right forward, step left beside right, step right forward (These steps will cover a small ½ left circle)  
6-7      Sweep left toes out to turn ¾ right, cross left over right  
8&1      Step right to right, step left beside right, step right to right

## **BACK X 2, ¼ LEFT, FWD X 2, ¼ LEFT, BACK X 2, ¼ LEFT, FULL LEFT**

2&3      Step left back, step right back, ¼ left step left to left  
4&5      Step right forward, step left forward, ¼ left step right to right  
6&7      Step left back, step right back, ¼ left step left to left  
8&      ½ left step right back, ½ left step left forward

**START OVER AGAIN! ENJOY IT!**

