

Little Bit of Life

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Dee Blansett (USA) - 2007
音乐: Little Bit of Life - Craig Morgan



Walk Forward (2x), Right Anchor Step, Rock Back-Recover, Step Forward, Pivot ½ Turn Right

1 - 2 Walk forward Right (1), Walk forward Left (2)
3 & 4 Cross/Step Right behind left (3), Recover weight onto Left (&), Step back on Right (4)
5 - 6 Rock back on Left (5), Recover forward on Right (6)
7 - 8 Step forward on Left (7), Pivot ½ turn right- weight ends on Right (8)

Left Cross/Rock-Recover, Side Shuffle; Right Cross/Rock-Recover, Side Shuffle

1 - 2 Cross/Rock Left over right (1), Recover weight onto Right (2)
3 & 4 Step Left side left (3), Step Right beside left (&), Step Left side left (4)
5 - 6 Cross/Rock Right over left (5), Recover weight onto Left (6)
7 & 8 Step Right side right (7), Step Left beside right (&), Step Right side right (8)

Left Kick-Ball-Change (2x), Step ¼ Turn Right, Bump Hips

1 & 2 Kick Left foot forward (1), Step ball of Left beside right-lifting right up slightly (&), Step down on Right (2)
3 & 4 Kick Left foot forward (3), Step ball of Left beside right-lifting right up slightly (&), Step down on Right (4)
5 - 6 Step Left foot forward (5) ¼ turn right (6) weight on right
7 & 8 Bump hips Left (7), Right (&), Left (8) weight on left

Rock, Recover, Coaster-Step, Rock, Recover, Coaster-Step

1 - 2 Rock forward on Right (1), Recover weight onto Left (2)
3 & 4 Step back on Right (3), Step Left next to right (&), Step forward Right (4)
5 - 6 Rock forward on Left (5), Recover weight onto Right (6)
7 & 8 Step back on Left (7), Step Right next to left (&), Step forward Left (8)

Repeat!
