

# Cave Man Mambo

**COPPER** **NOB**  
STEPSHEETS

拍数: 16      墙数: 1      级数: Ultra Beginner

编舞者: Sandra Balestracci (USA) - February 2012

音乐: Papa Loves Mambo - Perry Como : (Album: Papa Loves Mambo: The Very Best Of)



---

So easy, even a cave man can do it

## MAMBO STEP BACKWARD, FORWARD, RIGHT & LEFT

1&2      Rock right back, recover to left, step right together  
3&4      Rock left forward, recover to right, step left together  
5&6      Rock right to side, recover to left, step right together  
7&8      Rock left to side, recover to right, step left together

## CROSS MAMBO STEP WITH RIGHT OVER LEFT - CROSS MAMBO WITH LEFT OVER RIGHT, FOUR WALKING STEPS (MAKING A FULL TURN, 1/4 AT A TIME TO THE LEFT)

9&10      Cross/rock right over left, recover to left, step right together  
11&12      Cross/rock left over right, recover to right, step left together  
13-14      Cross right over left, turn 1/4 left and step left forward  
15-16      Turn 1/4 left and cross right over left, turn 1/4 left and step left forward

Turn 1/4 left to start the dance again

REPEAT

---