

This Can't Be Me

拍数: 32 墙数: 2 级数: Beginner
编舞者: Carol Bates (UK) - February 2012
音乐: This Can't Be Me - Colin Paul



Right grapevine, heel split, toe fan

1 - 2 Step right to right side, step left behind right
3 - 4 step right to right side, step left next to right
5 - 6 heel split twisting left heel to left right heel to right then back to place
7 - 8 toe fan twisting left toe to left right toe to right then back to place

Left grapevine ¼ left, heel split, toe fan

1 - 2 Step left to left side, step right behind left
3 - 4 turn ¼ left stepping on left, step right next to left
5 - 6 heel split twisting left heel to left right heel to right then back to place
7 - 8 toe fan twisting left toe to left right toe to right then back to place

Left syncopated grapevine, rock back, recover, right chasse

1 - 2 Step left to left side, step right behind left
&3-4 step left to left side, cross right over left, step left to left side
5 - 6 rock back on right, recover on left
7 & 8 step right to right side, step left next to right, step right to right side

Cross, back, ¼ chasse left, right rocking chair

1 - 2 Cross left over right, step back on right
3 & 4 step left to left side, step right next to left, turn ¼ left stepping forward on left
5 - 6 rock forward on right, recover on left
7 - 8 rock back on right, recover on left
