

Hello

拍数: 64 墙数: 4 级数: Improver
编舞者: Shelagh Collins (ES) - January 2012
音乐: Say Hello - Ernie Oldfield : (Album: My Guitar and Me)



Section 1: Right and Left Scissor.

1-4 Long step R to R side, close L beside R, cross step R over L. Hold.
5-8 Long step L to L side, close R beside L, cross step L over R. Hold.

Section 2: Shuffle ½ Turn Left, Left shuffle Forward

1-4 Shuffle making 1/2 turn Left , Hold.
5-8 Step L fwd, close R beside L, step L fwd, Hold.

Section 3: Forward Rock, Turn ½ Right. Together Forward Hold.

1-4 Rock Fwd on R, Rock back on L, make ½ turn on R, Hold.
5-8 Step L to L side, step R beside L, step L fwd , Hold.

Section 4: Together back Hold, L together turn ¼ L.

1-4 Step R to R side, step L beside R, Step back R, Hold.
5-8 Step L to L side , Step R next to L, make ¼ turn L, Hold.

Section 5: Triple Full Turn, Left Mambo Forward.

1-4 Full triple turn L stepping R,L,R, Hold. (alternative, R Shuffle fwd.)
5-8 Rock Fwd on L, Recover onto R, Step L beside R, Hold.

Section 6: Behind. Side, Cross, Hold. Point L, ¼ turn Toe Struts x 2.

1-4 Sweep R behind L, step L to L side, cross R over L, Hold.
5-6 Point L to L side, Turn ¼ R bring L next to R.
7-8 Touch R toe fwd, Step down on R heel.

Section 7: Point L, ¼ turn. Toe Strut. Side Rock Back. Hold.

1-2 Point L to L side, Turn ¼ R bring L next to R.
3-4 Touch R toe fwd, Step down on R heel.
5-6 Step L to L side, Rock back onto R,
7-8 Step L behind R, Hold.

Section 8: Side rock back, Hold. Back L coaster step.

1-2 Step R to R side, Rock back onto L,
3-4 Step R behind L, Hold.
5-8 Step L back, step R beside L, Step fwd L, Hold.
