# Scuff It Up!



编舞者: Lisa M. Johns-Grose (USA) - February 2012

音乐: Bill's Laundromat, Bar and Grill - Confederate Railroad



Alt. Music:-

All over me by: Josh Turner (84 bpm)
Fancy footwork by: Chromeo (122 bpm)

This dance is requested by and dedicated to my friend "Dancing Sandy" Dworkin and The Nettles Island Dancers

# R SIDE- SCUFF-L SIDE-SCUFF-VINE R SCUFF L

1-2 Step right to right, scuff left next to right3-4 Step left to left, scuff right next to left

5-8 Step right to right, step left behind right, step right to right, scuff left next to right

# L SIDE- SCUFF-R SIDE- SCUFF- VINE L 1/4 TURN -SCUFF R

1-2 Step left to left, scuff right next to left3-4 Step right to right, scuff left next to right

5-8 Step left to left, step right behind left, step left ¼ turn left, scuff right next to left

#### STEP R-TOUCH L-BACK L- HOOK R-STEP-LOCK-STEP-SCUFF

1-4 Step right forward, touch left next to right heel, step back on left, hook right over left 5-8 Step right forward, lock left behind right, step right forward, scuff left next to right

# STEP L-TOUCH R- BACK R- HOOK L-STEP-LOCK-STEP-SCUFF

Step left forward, touch right next to left heel, step back on right, hook left over right
 Step left forward, lock right behind left, step left forward, scuff right next to left

# Begin Again!

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