

Better & Better

拍数: 32 墙数: 4 级数: Beginner
编舞者: Frank Trace (USA) - February 2012
音乐: Better Than Today - Kylie Minogue



HIP WALKS FORWARD

1&2 Step R forward and bumps hips forward, back, forward (weight ends on R)
3&4 Step L forward and bumps hips forward, back, forward (weight ends on L)
5-6 Step R forward, pivot 1/2 turn to left (weight ends on L) (6:00)
7&8 Shuffle forward stepping R, L, R

POINT, CROSS, POINT CROSS, 1/4 TURN RIGHT, HITCH

1-2 Point L to left side, cross step L over R
3-4 Point R to right side, cross R over L
5-7 Step L back, step R to right side making 1/4 turn right, step L next to R
8 Hitch R leg up at a left diagonal in front of left leg (9:00)

TWO STEP VINE RIGHT, TRIPLE, TWO STEP VINE LEFT, TRIPLE

1-2 Step R to right side, step L behind R
3&4 Triple steps in place stepping R, L, R
5-6 Step L to right side, step R behind L
7&8 Triple steps in place stepping L, R, L (9:00)

SHUFFLE FORWARD, HEEL, HITCH, SHUFFLE FORWARD, HEEL, HITCH

1&2 Shuffle forward stepping R, L, R
3-4 Touch L heel forward, hitch L leg up
5&6 Shuffle forward stepping L, R, L
7-8 Touch R heel forward, hitch R leg up (9:00)

BEGIN AGAIN

RESTART: After the third wall (facing 3:00), do the first 16 counts and restart the dance facing the 12:00 wall.
