

Banjo

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Brandon Zahorsky (USA) - February 2012
音乐: Banjo - Rascal Flatts



[1-8] FRONT SIDE, SAILOR STEP, FRONT SIDE, SAILOR STEP

1-2 Cross Right over Left, Step Left to side
3&4 Step Right behind Left, Step Left to side, Step Right to side
5-6 Cross Left over Right, Step Right to side
7&8 Step Left behind Right, Step Right to side, Step left to side

[9-16] CROSS AND HEEL, CROSS AND HEEL, 1/4 TURN JAZZBOX

1&2 Cross Right over Left, Step Left to side, Touch Right heel diagonal forward Right
&3&4 Step back Right, Cross Left over Right, Step Right to side, Touch Left heel diagonal forward Left
8&5-6 Step back on Left, Cross Right over Left, Step back on Left while making a 1/4 turn Right
7-8 Step Right next to Left, Step Left next to Right

[17-24] 1/4 LEFT TURN SIDE SHUFFLE RIGHT, 1/2 RIGHT TURN SIDE SHUFFLE LEFT, SAILOR, BEHIND SIDE 1/2 TURN

1&2 Step Right 1/4 turn Left, while pivoting on Left foot, shuffle side Right, Left, Right
3&4 Step Left 1/2 turn Right, while pivoting on Right foot, shuffle side Left, Right, Left
5&6 Cross Right behind Left, Step Left to side, Step Right to side
7&8 Cross Left behind Right, Step Right to side, 1/2 turn Right while pivoting on Right foot, step Left to side

[25-32] KICK AND POINT, KICK AND POINT, BEHIND SIDE 1/4, STEP 1/2 TURN STEP

1&2 Kick Right forward, Step Right next to Left, point side Left
3&4 Kick Left forward, Step Left next to Right, point side Right
(RESTART HERE ON WALL 4 AND 8)
5&6 Step Right behind Left, Step Left 1/4 turn Left, Step Right forward
7&8 Step Left forward, pivot on Right making a 1/2 turn Right (weight on right) Step Left forward

REPEAT

Restart: During the 4th and 8th walls. Dance 28 steps and restart. You will be omitting the last four counts of the dance, then restart dance.