

MacArthur Park

COPPER KNOB
BY STEPHEN

拍数: 88 墙数: 2 级数: Phrased Intermediate / Advanced
编舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - January 2012
音乐: MacArthur Park - Donna Summer



Start on word 'spring' [131bpm – 3:55]

**** Celebrating 20 Years of Dance ****

NC OPENING – 24 counts – Dance 3X – 3rd time dance only 1st 20 counts

[1-8] R & L NC2 basics, R fwd box, R back rock/recover

1-2& Step R side, rock L back, recover weight on R
3-4&5 Step L side, rock R back, recover weight on L, step R forward
6&7 Step L side, step R together, step L back
8& Rock R back, recover weight on L

[9-17] ¾ L spiral, L side rock/recover/cross, R back box, L slow rock/recover, 1&¼ R turn forward

1& Turning ¼ left step R side (9 o'clock), on the & keep turning another ½ left on R with L leg hitched up (3 o'clock)
2&3 Rock L side, recover weight on R, cross step L over R
4&5 Step R side, step L together, step R back
6& L side, step R together
7-8&1 Rock L side, recover weight on R turning ¼ right (6 o'clock), turning ½ right step L back, turning ½ right step R forward (6 o'clock)

(Non-turning option &1: L & R forward)

[18-24] L fwd rock/recover/back, R back rock/recover, R cross/back/side, L cross/back/side, R cross rock/recover (or optional R cross & full turn L)

2&3 Rock L forward, recover weight on R, step L back
4& Rock R back, recover weight on L
3 rd time thru NC section ends HERE facing back wall & dance the BRIDGE
5&6& Cross step R over L, step L back, step R side, cross step L over R
7&8& Step R back, step L side, cross rock R over L, recover weight on L

Optional 'fab' turn 8&: cross step R over L, unwind full turn left on the spot with weight ending on left

BRIDGE = 8 counts + TAG – starts facing back wall. After the BRIDGE + tag dance MAIN EVENT

[1-8] R cross & unwind ½ L over 4 counts, R jazz box

1-4 Cross R over L and unwind ½ turn left to front wall over 4 counts, weight ends on L (12 o'clock)
5-8 Cross R over L, step L back, step R side, step L forward

TAG – Also at the end of walls 3&4 of main dance see below**

[1-8] R fwd rock/recover, ½ R shuffle, L fwd, ½ R pivot turn, L fwd shuffle

1-2 Rock R forward, recover weight on L
3&4 Turning ½ right step R forward, step L together, step R forward (6 o'clock)
5-6 Step L forward, pivot ½ right (12 o'clock)
7&8 Step L forward, step R together, step L forward (slight turn toward L diagonal)

MAIN EVENT – Dance 64 counts 6X, **3rd& 4th times add 8 count tag, 6th time is the final wall.

[1-8] On L diagonal: R fwd, L tap, L back, R kick ball cross, R vine 3 or 'fab' full turn L

1-3 To L diagonal: step right forward, tap L behind, step L back squaring to front wall
4&5 Kick R forward, step R back, cross step L over R
6-8 R side, L behind, R side (slight turn toward R diagonal)

Optional 'fab' turn 6-8: turning ¼ left step R back, turning ½ left step L forward, turning ¼ left step R side

[9-16] On R diagonal: L fwd, R tap, R back, L kick ball cross, ½ R hinge, L cross step

1-3 To R diagonal: step L forward, tap R behind, step R back squaring to front wall

4&5 Kick L forward, step L back, cross step R over L

6-8 Turning ¼ right step L back, turning ¼ right step R side, cross step L over R (6 o'clock)

[17-24] R side rock/recover, R sailor, ¼ L & L back rock/recover, R full turn fwd

1-2 Rock R side, recover weight on L

3&4 Cross step R behind L, step L side, step R side

5-6 Turning ¼ left rock L back, recover weight on R (3 o'clock)

7-8 Turning ½ right step L back, turning ½ right step R forward

Non-turning option: walk forward on counts 7-8

[25-32] L fwd rock/recover, L coaster step, ½ R jazz box

1-2 Rock L forward, recover weight on R

3&4 Step L back, step R together, step L forward

5-6 Cross step R over L, turning ¼ right step L back

7-8 Turning ¼ right step R forward, step L forward (9 o'clock)

[33-40] R fwd rock/recover, R ball cross unwind ½ R, R back rock/recover, R fwd shuffle

1-2 Rock R fwd, recover weight on L

&3-4 Step R back, Cross touch L over R, unwind ½ right with weight ending on L (3 o'clock)

5-6 Rock R back, recover weight on L

7&8 Step R forward, step L together, step R forward

[41-48] L fwd rock/recover, L ball cross unwind ¾ L, L back rock/recover, L fwd shuffle

1-2 Rock L fwd, recover weight on R

&3-4 Step L back, cross touch R over L, unwind ¾ left to back wall with weight ending on R (6 o'clock)

5-6 Rock L back, recover weight on R

7&8 Step L forward, step R together, step L forward

[49-56] R fwd cross point, L fwd cross scuff, ¼ R jazz box, ball cross side

1-4 Cross step R over L, point L side, cross step L over R, scuff R forward

5-6 Cross step R over L, turning ¼ right step L back (9 o'clock)

&7-8 Step R back, cross step L over R, step R side

[57-64] L behind-1/4 R- L fwd, R fwd rock/recover, ½ R, ½ R, ½ R, L fwd

1&2 Cross step L behind R, turning ¼ right step R forward, step L forward (12 o'clock)

3-4 Rock R forward, recover weight on L

5-6 Turning ½ right step R forward, turning ½ right step L back,

7-8 Turning ½ right step R forward, step L forward (6 o'clock) (slight turn toward L diagonal)

Non-turning option for 5-8: ½ R & R fwd, walk fwd L, R, L

BIG ENDING: Final wall (6th)

Starts facing the back, dance first 11 counts, do the L kick ball cross (counts 12&13)

As you cross make a crisp ½ left unwind (whoosh) to finish bang on front with the music.
